Survival English

Book 2

For 8- to 15-year-olds

Screen-free learning resources that build multiple skills and basic English Vocabulary.
Daily Routine

My Emotions

Write how you feel **everyday** in your notebook.

Today, I feel __________

- excited
- happy
- joyful
- calm
- hurt
- confused
- anxious
- lonely
- annoyed
- enraged
Week 1 Overview

Project

My Dictionary
Create a dictionary of words beginning with the letters A to O.

Trace and Match
Practise writing the alphabet and revise English words.

Scavenger Hunt
Hunt for objects by listening to their names in English!

Action!
How many actions can you name in English?

My Safe Space
Draw the space that makes you feel calm.

Nouns
Practise saying names of objects, food, people, and animals in English.

Materials Needed
- Paper
- Pen/Pencil
A dictionary is a book which explains the meanings of words in alphabetical order.

Create 3 pages for your dictionary for the following words:

**For each page:**
1. Write the big and small letter in English.
2. Write the English word starting with the letter.
3. Draw a picture of the word.
4. Write the English pronunciation in Dari or Pashto.
5. Write 2 to 3 lines describing the word in Dari or Pashto.

Similarly, make the pages for:

- Airplane
- Bored
- Country

Airplanes help us travel to different countries. They fly at great speeds with several passengers on board.
Day 1  Mindfulness

**My Safe Space**

Close your eyes and think about a place where you feel safe and calm. Draw it in the space below.
Make Your Own Dictionary

Create 3 pages for the letters D, E, and F for your dictionary. Below are some examples:

Dd
Doctor

(Write the English word in Dari or Pashto script)

We see a doctor when we are ill. They identify issues with our health and prescribe medicines to manage them.

Ee
Eyes

Ff
Friend

Follow the same instructions as given on Day 1.

CHALLENGE
Create 1 or 2 more pages for each letter using a different word that starts with the letter.
**Nouns** are names of people, animals, places or things.

In the empty spaces below, draw 5 objects around you, 4 animals, 3 food items and 2 family members.

Ask a friend to point to any noun and write a sentence with it in English. Tell a story using any 3 pictures they choose!
Create 3 pages for the letters G, H, and I for your dictionary. Below are some examples:

Follow the same instructions as given on Day 1.

**Gg**

**Girl**

(Write the English word in Dari or Pashto script)

A girl is a female child. Girls are strong and intelligent. They should be treated as equals to boys.

**Hh**

**Hurt**

**Ii**

**I**

Create 1 or 2 more pages for each letter using a different word that starts with the letter.
Choose and write the action word next to the picture.

cry  dance  drive  wake up  open  listen
hide  cook  run  laugh  eat  brush
hug  throw  clean  catch  drink  cut

Day 3  Worksheet  Action!
Create 3 pages for the letters J, K, and L for your dictionary. Below are some examples:

**Jj**

*Jump*

(Write the English word in Dari or Pashto script)

I jump when I am happy or when I play games. Jumping is also good exercise for our bodies.

**Kk**

*Key*

**Ll**

*Look*

Follow the same instructions as given on Day 1.

Create 1 or 2 more pages for each letter using a different word that starts with the letter.
Scavenger Hunt

- A player will say the name of any **object, colour, or shape** in the room in English.
- The other players must run to the object said or to an object that has the shape or colour and touch it.
- The player that touches the correct item first gets 3 points.

The player that has the most points wins the game!

Challenge

Players can say what letter the word starts with to get an extra point!
Create 3 pages for the letters M, N, and O for your dictionary. Below are some examples:

Follow the same instructions as given on Day 1.

**Mm**

Morning

(Write the English word in Dari or Pashto script)

When the sun rises, we call it a morning. It is my favourite time of the day. I start my mornings with a bath and breakfast.

**Nn**

Night

**Oo**

Okay

Create 1 or 2 more pages for each letter using a different word that starts with the letter.
Trace the letters and words in English and match the objects.

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<thead>
<tr>
<th>A</th>
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<tr>
<td>C</td>
<td>C</td>
<td>C</td>
<td>C</td>
<td>C</td>
</tr>
<tr>
<td>D</td>
<td>D</td>
<td>D</td>
<td>D</td>
<td>D</td>
</tr>
<tr>
<td>E</td>
<td>E</td>
<td>E</td>
<td>E</td>
<td>E</td>
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<tr>
<td>F</td>
<td>F</td>
<td>F</td>
<td>F</td>
<td>F</td>
</tr>
<tr>
<td>G</td>
<td>G</td>
<td>G</td>
<td>G</td>
<td>G</td>
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<tr>
<td>H</td>
<td>H</td>
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<td>I</td>
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<tr>
<td>J</td>
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<tr>
<td>L</td>
<td>L</td>
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<td>L</td>
</tr>
<tr>
<td>M</td>
<td>M</td>
<td>M</td>
<td>M</td>
<td>M</td>
</tr>
</tbody>
</table>
Week 2 Overview

Materials Needed
• Paper
• Pen/Pencil
• Tape / Pin

Project

My Dictionary
Create a dictionary of words beginning with each letter of the English alphabet

1. Act The Word
   Act out different words in English!

2. Guess the English Word
   Describe objects in Pashto/Dari and guess the object in English!

3. Word Search
   Find English words in a fun puzzle!

4. Trace and Match
   Trace the letters and revise English words.

5. Memory Game
   Create a tally chart of words you remember from your dictionary!
Create 3 pages for the letters P, Q, and R for your dictionary. Below are some examples:

**Pp**

Phone

(Write the English word in Dari or Pashto script)

With phones, we can talk to people who are far away from us. We can also play games, take pictures, send messages and share our lives with friends through mobile phones.

**Qq**

Qatar

**Rr**

Run

Create 1 or 2 more pages for each letter using a different word that starts with the letter.

Find more words on Page 24.

Follow the same instructions as given on Day 1.
Day 1 Activity

Act the Word

Divide players into 2 teams.

• Recall the different English words you’ve learned and brainstorm a list of 10 English words.
• Team 1 will tell an English word to a player from Team 2.
• The player must act it out and their team members must guess the word.

Some Examples

Throw
Scared
Eat
Laugh
Jump
Read
Sleep
Sick

Each correct guess earns a point.

Which team won?
Create 3 pages for the letters S, T, and U for your dictionary. Below are some examples:

Follow the same instructions as given on Day 1.

**Ss**

Stomach

(Write the English word in Dari or Pashto script)

The stomach is an internal organ which helps us digest our food. We should eat nutritious food to keep the stomach healthy.

**Tt**

Toothbrush

**Uu**

Under

Create 1 or 2 more pages for each letter using a different word that starts with the letter.
Day 2 Activity

Guess the English Word

- A player will think of an English word and write it down.
- The player describe the word using a maximum of 4 Dari/Pashto words.
- Players must guess what the English word is.

The person who guesses correctly gets 1 point.

Open, Close, Lock, Small
Key!

The player that has the most points wins the game!
Create 3 pages for the letters V, W, and X for your dictionary. Below are some examples:

**Vv**

Vegetables

(Write the English word in Dari or Pashto script)

Vegetables are plants or parts of plants that we eat. My favourite vegetable is carrot. Vegetables keep us healthy.

**Ww**

Wash

**Xx**

X-Ray

Follow the same instructions as given on Day 1.

Create 1 or 2 more pages for each letter using a different word that starts with the letter.
Day 3 Activity Word Search

Find the word in the puzzle.

Words can go in any direction (right, left, diagonal, straight, reverse). Words can share letters as they cross over each other.

<table>
<thead>
<tr>
<th>bad</th>
<th>bath</th>
<th>bed</th>
<th>today</th>
<th>okay</th>
</tr>
</thead>
<tbody>
<tr>
<td>boy</td>
<td>clean</td>
<td>cook</td>
<td>read</td>
<td>phone</td>
</tr>
<tr>
<td>country</td>
<td>food</td>
<td>girl</td>
<td>run</td>
<td>play</td>
</tr>
<tr>
<td>good</td>
<td>jump</td>
<td>laugh</td>
<td>water</td>
<td>yesterday</td>
</tr>
</tbody>
</table>

Word search puzzle:

UCOLHVGDOKYPMR
QOBTIXYBOABATH
ZBVURUARODDSGOI
FONLNDOOFCPDUN
PYPTOTKULXERLOK
HGBTIARETYTNCAY
BGUYVAYSHSSCICY
AEOKRNKRGRWECGYU
DMNOKERUGTYNURIR
BEDODNAEBAWPN
GLXHKKCTWWWDNF
PWDUXPDERACDFAZ
MQONHEREYGWJUMP
OCOJFHBARJYRVUI
TFUNSBRDXJDCHIM
Make Your Own Dictionary

Create 3 pages for the letters Y and Z for your dictionary. Below are some examples:

**Yesterday**

(Write the English word in Dari or Pashto script)

Yesterday means the day before today. Yesterday, I played football with my friends and practiced English words.

**Zip**

(Write the English word in Dari or Pashto script)

A zip is used to fasten garments. When it is cold, I zip up my jacket.

Create 1 or 2 more pages for each letter using a different word that starts with the letter.
Day 4  Activity Trace and Match!

Trace the letters and words in English and match the objects.
Project-Based Learning

Make Your Own Dictionary

Making the Cover Page

1. Think of a good title for your dictionary.
2. On a fresh page, design your book’s cover:

```
My Dictionary

Zarina R.
```

Title

Drawing

Your Name

(in English)

Tie or staple all the pages in order to make your book.

Presenting the Book

Share your dictionary with friends.
They can ask questions about it.

• How do you feel after making your own dictionary?
• What was easy? What was challenging?
Players must write in English all the words in your dictionary on a piece of paper from their memory.

Use the tally chart below to count the number of words you remembered from your dictionary using the tally table below:

<table>
<thead>
<tr>
<th>Number of Words</th>
<th>Tally Marks</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Example: Sara</td>
<td>💙💙💙💙</td>
<td>12</td>
</tr>
<tr>
<td>Person 1:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Person 2:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Person 3:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Person 4:</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

The person who remembers the most words wins!

**Challenge**

Each player should calculate the percentage of words remembered.

\[
\text{% of Words Remembered} = \frac{\text{Total number of words remembered}}{\text{Total number of words in the dictionary}} \times 100
\]
### More Words

<table>
<thead>
<tr>
<th>Image</th>
<th>Word</th>
<th>Image</th>
<th>Word</th>
<th>Image</th>
<th>Word</th>
<th>Image</th>
<th>Word</th>
</tr>
</thead>
<tbody>
<tr>
<td><img src="image1.png" alt="Image" /></td>
<td>Book</td>
<td><img src="image2.png" alt="Image" /></td>
<td>Clothes</td>
<td><img src="image3.png" alt="Image" /></td>
<td>Down</td>
<td><img src="image4.png" alt="Image" /></td>
<td>Eat</td>
</tr>
<tr>
<td><img src="image6.png" alt="Image" /></td>
<td>Games</td>
<td><img src="image7.png" alt="Image" /></td>
<td>House</td>
<td><img src="image8.png" alt="Image" /></td>
<td>Internet</td>
<td><img src="image9.png" alt="Image" /></td>
<td>Jar</td>
</tr>
<tr>
<td><img src="image11.png" alt="Image" /></td>
<td>Left</td>
<td><img src="image12.png" alt="Image" /></td>
<td>Money</td>
<td><img src="image13.png" alt="Image" /></td>
<td>Nose</td>
<td><img src="image14.png" alt="Image" /></td>
<td>Oil</td>
</tr>
<tr>
<td><img src="image16.png" alt="Image" /></td>
<td>Quiet</td>
<td><img src="image17.png" alt="Image" /></td>
<td>Read</td>
<td><img src="image18.png" alt="Image" /></td>
<td>Sleep</td>
<td><img src="image19.png" alt="Image" /></td>
<td>Toilet</td>
</tr>
<tr>
<td><img src="image21.png" alt="Image" /></td>
<td>Villa</td>
<td><img src="image22.png" alt="Image" /></td>
<td>Water</td>
<td><img src="image23.png" alt="Image" /></td>
<td>Xerox</td>
<td><img src="image24.png" alt="Image" /></td>
<td>You</td>
</tr>
</tbody>
</table>

Practice reading and writing more words in English for each letter!
Weekly Reflection

Did I enjoy learning this week?

What are some new things I learned?

What did I do well?

What can I do better next week?

If you liked this, go to our IFERB website for hundreds of more such resources. Visit https://resources.educationaboveall.org
Week 3 Overview

Project

Make your own ID Cards

Make Identity Cards for you and your friends

Materials Needed

- Paper
- Pen/Pencil

Story Time

Read about a little girl with big dreams!

Line Up

Explore ordering numbers while playing this game.

What Do You See?

The person in the mirror is wonderful.

My Poster

Make a poster about yourself!

Similar People

Interview community members to observe similarities.

1 Make your own ID Cards

2 My Poster

3 What Do You See?

4 Line Up

5 Story Time
Day 1  Project-Based Learning

Make ID Cards

What do you think an ID Card would be most useful for?

1. **Observe this ID Card.** What does it tell you about the person?

   IDENTIFICATION CARD

   Asif Khan
   32 A, Wukair Road
   **DOB:** 3rd May 2013
   **Mob:** 361-421-123

   **Parents:** Ali Khan, Myra Khan
   **Hair:** Black  **Eyes:** Brown  **Blood Type:** A +

   Find different ID Cards people around you have.
   What are they used for?
   (Eg: Passport, Driver’s License, Health Cad, etc.)

2. **Compare yourself with your friends or community members.**
   List 5 similarities and 5 differences between you and them.

   Everyone looks and thinks in different ways – this make us special, and we must respect them.
Fill the poster below for people to know all about you!

My name is...
I am years old.
I was born on...
I live in...
My favorite color is...
My favorite number is...
My favorite food is...
When I grow up, I want to be a...
My favorite animal is...
I like to...
1. Why and how can we interview people in Dari or Pashto?

2. Make a list of 5-8 questions you want to ask community members to know more about them using each of the question words below. Get inspired by these examples:

- **WHAT**
  - What is your name?
  - What is your hair and eye colour?

- **WHO**
  - Who is your friend?

- **WHY**
  - Why do you like them?

- **HOW**
  - How old are you?

- **WHERE**
  - Where do you work?

- **WHEN**
  - When is your birthday?

- **WHICH**
  - Which villa do you live in?

3. Interview 4 to 5 community members. Note their responses.
   *(If they are not available, you can interview your friends.)*
Day 2  Activity

**Similar People**

- Find out information about people. Some examples are given below.
- Add your own categories to the table below.
- **CHALLENGE:** Calculate the similarity %.

Similarity % = \( \frac{\text{No. of people who have the similarity}}{\text{Total no. of people interviewed}} \times 100 \)

<table>
<thead>
<tr>
<th>Category</th>
<th>Tally Marks</th>
<th>Total</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>Example: Black Hair</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Birthday Month: ____</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Age: More than 15 years</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Favourite Colour: _______</td>
<td></td>
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</tbody>
</table>

Discuss the results of the interviews with your group.
What do you find interesting? What surprised you?
Make ID Cards

Create ID Cards for 2 of your friends in English. Below is a sample:

Name: ____________
Height: ____________
Birthday: __________
Villa Number: __________________________
Phone No.: ____________________________
Languages Spoken: ______________________
Gender: _____________________________
Eye Colour: __________________________

What do you like most about your friends?

Make 3 different types of ID cards for yourself:
1. Health Card: History of disease, blood type, etc.
2. Travel Card: Languages you know, country you are from, etc.
3. Class Card: Age, Level/grade, etc.

What other information should you add in each card?

Numeracy Activity
• Measure your friends’ height in arm spans.
• How tall is your friend in arm spans?
Day 3 Mindfulness

What Do You See?

• Take a minute and look at yourself in the mirror.
• Look at your face. Look at yourself.
• Smile at yourself.
• This is you! You are beautiful!

Me and the Mirror

Here I am!

Looking into the mirror!

My name is __________________________

My friends call me __________________

My eyes are _________________________

I like ______________________________ about myself.

Others like _________________________ about me.

Smile at yourself! This is you. You are beautiful!
Day 4  Project-Based Learning

Make ID Cards

Using the ID cards you made of your friends, take turns playing the guessing game:

Say 5 sentences about your friend in English.
- Use sentences and words from the word bank below.
- Do not mention the name of the person.

1. He is a boy OR she is a girl
2. His/Her age is ______
3. He/She is ______ (adjective)
4. He/She likes ____ (a hobby)
5. He/She has ______ (an object)
6. He/She is from ______ (a country)
7. He/She is always ______ (a feeling)

Adjectives are words used to describe people or things. Eg: Funny, helpful, kind, happy, friendly, tall, short
Line Up

Two or more teams of 5 players each.

1. Calculate the exact ages of all your friends based on their birthdays and write it in decimals.
   \(\text{Eg: 13 years and 6 months} = 13.5 \text{ years}\)

2. Team 1 writes the ages of any 5 friends on pieces of paper and sticks them to the backs of Team 2 players. Team 2 does the same for Team 1.

3. When the time starts, the teams must arrange themselves in descending order (big to small) without talking.

Which team finished first and correctly? They win the game!
Everyone should guess whose age is stuck to their backs!

- Who is the oldest and youngest friend?
- What is the average age of your friends? (Add all the ages and divide by the number of friends)
When I Grow Up

Written by Priyadarshini Gogoi

When I grow up, I will be an engineer and build many things. Big and small things. Wild and amazing things. I will use science to build them all.

First, I will build a bridge. After that, I will build a very tall tower. And then, I will build the longest road in the world. It will start at my room and go right up to the moon!

When I build these structures, I will be a civil engineer.

I will build engines too. Some engines will be in rockets and some will be in planes. The plane will take us from country to country and the rocket will fly us all the way to Mars. My grandmother will come with me on all my trips!

When I build flying engines, I will be an aerospace engineer.

I will build a vehicle that travels under the sea. It will be made of steel and aluminium, and it will be very fast. We will swim with the fishes, sharks and whales. My grandmother will say, “Slow down, Papor!” But secretly, she will love it too.

When I build my submarine, I will be a marine engineer.
I’m not done yet! Next, I will build a robot. Her name shall be Gogo. Gogo and I will have many adventures. We will paint the walls and do the dishes. We will catch many, many fishes! When I build my robot, I shall be a robotics engineer.

I will build a machine to clean the sea. And another to clean the air. The animals will be healthy and people will breathe easy. I will save the earth with my machines! When I make machines to clean the planet, I will be an environmental engineer.

I will build a new ear for my dog, Pempem (she lost it in a fight!). Then I will build a new set of teeth for my grandmother. Finally, I will build wings for me!

When I build artificial body parts, I will be a biomedical engineer. And I will soar over the world looking for more things to build.

Answer the following questions:

1. Who are the characters in the story?
2. Imagine you are a robotics engineer, draw the robot you would create? How would it help people?
3. What do you want to become when you grow up?
Weekly Reflection

Did I enjoy learning this week?

What are some new things I learned?

What did I do well?

What can I do better next week?

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Week 4 Overview

Project

Make Your Own Comic Book

Materials Needed
- Paper
- Pen/Pencil
- Colours (Optional)

1. Describe It
Choose the correct adjective to describe the picture.

2. Name, Place, Thing
Play a game to practice English words and sentences!

3. Positivity Flower
Write what you would say to yourself to stay positive.

4. Complete the Comic
Imagine what characters would say or think!

5. Funny Creatures
Create characters of your own and make a comic!

Present a story through pictures!
Day 1

Project-Based Learning

Design Your Comic Book

A comic book tells a story through characters, dialogues and drawings.

Think of a simple story you want to present.

Characters

Who are the people or animals in your story? Where are they?

Plot

What happens to them in the story? How does the story begin or end?

Message

What message do you want to give to the reader? (Ex: kindness, cleanliness, etc.)

Draw the main character of your story!

Character’s Name: _____________

Words to describe the character (in English):

•
•
•
•
•
•
Words that describe something are called **adjectives**.
Fill in the blanks with the adjective that best describes the picture.

- **big** / **clean** / **new** / **old** / **long** / **small**
- **cute** / **dirty** / **short** / **fat**

- **T-shirt**
- **house**
- **T-shirt**
- **car**
- **hair**
- **car**
- **hair**
- **rabbit**
- **house**
- **cat**
Develop Your Story

Share your story with a partner in Pashto/Dari. The partner should answer the following questions:

- How does the story begin?
- What happens next to the characters?
- What surprised you?
- How does the story end?
- Does the story have a message?
- Do you have any ideas to make the story better?

Write down the story in simple sentences in Pashto/Dari. Use at least 3 English words for each of the following:

1. Exchange your story with your partners.
2. In their story, underline nouns, circle verbs, and draw a box around adjectives you identify.
Day 2 Activity

Name, Place, Thing

- Say any letter in alphabet from A to Z.
- All the players must write a name, a place, and a thing starting with the letter (in English).
- You get 1 point for each correct English word.
- Earn a bonus point for saying a sentence in English with any word from the table using a verb and an adjective.

<table>
<thead>
<tr>
<th>Name</th>
<th>Place</th>
<th>Thing</th>
</tr>
</thead>
<tbody>
<tr>
<td>Zoya</td>
<td>Zambia, Zoo</td>
<td>Zip</td>
</tr>
</tbody>
</table>

Cute Zoya sang.

Who won the most points? They win the game!
Project-Based Learning

Day 3

Design Your Comic Book

1. On each page, select how many frames you want for your story – 2, 3, or 4.

2. Draw that many boxes on the pages.

3. In each box, draw what happens in the story. Below each drawing, write a sentence to explain what happens in the story in Pashto/Dari. **Challenge yourself to use English words!**

- **Only draw the main events and not all the details.**
- **Include the main characters and the places they are in.**

**Example**

Zaina gives her brother money to buy cake.  
Ali goes to the shop to buy cake.
My Positive Self Talk

Sometimes, while learning, we may come across challenges.

In such cases, what can you say to yourself to stay motivated?
Note it down in the petals of the flower below!
Day 4  Project-Based Learning

Design Your Comic Book

1. In each frame of your comic book, add at least one dialogue that the character says or thinks.

When the character says something

When the character thinks something

2. In each frame of your comic book, add at least one dialogue that the character says or thinks in Dari/Pashto.

Use at least 1 English word!

Zaina gives her brother money to buy cake.

Ali goes to the shop to buy cake.

Take 5 dollars.

I will buy chocolate cake!
Complete the Comic!

What are Ali and Mona talking and thinking about? Fill the bubbles!
Day 5  Project-Based Learning

Design Your Comic Book

1. Write the number of the frame next to each box in English.
2. Colour the pictures!

Making the Cover Page

1. Think of a good title for your comic book.
2. On a fresh page, design your book’s cover:

What will Ali Buy?

Title
Drawing
Your Name

By Raina T.

Presenting the Book

Share your comic book with your friends. They can ask questions about it.

- How do you feel after making your own comic book?
- What was easy? What was challenging?
- What are some things you did to make your comic book interesting?
Day 5

**Funny Creatures!**

Draw the following characters and make your own story using them!

- Draw something
- Little
- Draw something
- Prickly
- Draw something long
- Draw something
- Cute
- Draw something
- Evil
- Draw something
- Smelly

Make your own story and draw a comic with all these characters!
Weekly Reflection

Did I enjoy learning this week?

What are some new things I learned?

What did I do well?

What can I do better next week?

If you liked this, go to our IFERB website for hundreds of more such resources. Visit https://resources.educationaboveall.org
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Pg. 32: Dream a Dream Foundation – Me and the Mirror

Pg. 35-36: When I Grow Up (English), written by Priyadarshini Gogoi, illustrated by Tarique Aziz, supported by CISCO, published by Pratham Books (© Pratham Books, 2020) under a CC BY 4.0 license, first released on StoryWeaver.

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