

# My Host Country

**For 6 to 7 year-olds**

Screen-free learning resources that build multiple skills.



By completing this workbook, you will learn about:

Topic	Project	Week
Geographical Location and Features	My Home in My Country	1
Neighbouring Areas and Countries		
Important Landmarks		
Currency and Local Bills	Pop Up Restaurant	
Local Food and Ingredients		
Phrases Used in a Restaurant		
Important Phrases	Grandmother's Tales	3
Folk Stories		
Culture and Setting		
Local Outfit	About My County	4
Important Customs		
Popular Sports		
Famous People		
Important Historical Events		
Popular Music		

## Note for Educators:

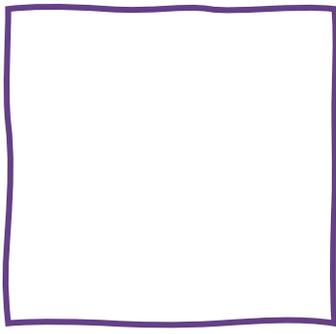
Some of the activities in this workbook require learners to walk around and work with food. In the case that this is not possible, **we suggest the following accommodations:**

**WEEK 1:** Instead of walking around to observe, learners may interview locals and imagine places based on descriptions. If possible, locals can take pictures and learners can use reference materials such as Google Maps. If none of the above is possible, learners can explore their home and street and do everything else based on their imagination.

**WEEK 2:** Instead of cooking their own meal, learners can just follow the steps for designing a restaurant. Learners can make a pretend meal with ingredients made out of paper, play-dough, and/or materials that they can collect at home.

# My Learning Journey

Name: \_\_\_\_\_

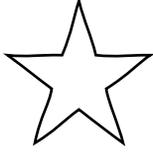


Draw yourself here.

## Week 1



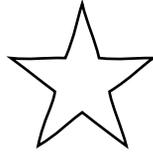
Day 1



Day 2



Day 3



Day 4



Day 5

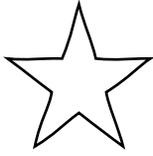


**DONE!**

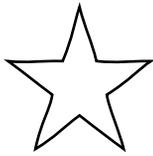
## Week 2



Day 1



Day 2



Day 3



Day 4



Day 5



**DONE!**

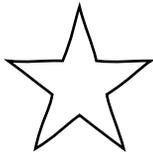
## Week 3



Day 1



Day 2



Day 3



Day 4



Day 5

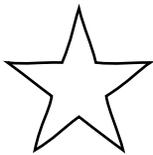


**DONE!**

## Week 4



Day 1



Day 2



Day 3



Day 4



Day 5



## My Emotions

Draw how you feel **everyday** in your notebook.

Today, I feel \_\_\_\_\_



Happy

Sad

Confused

Angry

Scared



# Week 1 Overview



## Project

### My Home in My Country

Find yourself in your host country.

### Your Country

Locate your home in your host country!

5

### Your State / District

Explore your new state or district!

4

### Your New City or Town

Explore the village or city your new street is in

3

### Your New Home

Explore your new home!

1

2

### Your New Street

Tour around and see where your home is on your street.

## Materials Needed

- Paper
- Pencil/Pen
- String / Stapler



## My Home in My Country

Can you draw your home in your country?

*In this project you will make a flipbook to show others where you are in the world right now.*

1. What does your new home look like from the outside?
2. Is it in a building? How many floors does it have?  
Which floor do you live on?
3. What colour is your new home? Does it have a staircase? What does the door look like?



- Cut out a small 10 cm by 10 cm piece of paper and label "Page 1".  
*(You can measure this using the width of one of our fingers as a unit.)*
- **Draw what your new home looks like!**
- Fill in the blanks below in English and add it below your drawing.

This is (your name) 's new home.

Our new home has (1 thing that you like about it.)



**Challenge:** Try to write one full sentence in English!

# WHAT MAKES A HOME?

- What is a home?
- What do we do at home?
- When do we come home?
- Who are the people that live at home with us?



Discuss this with a friend. Draw and label 4 of your favourite things in your new home!

## My Home in My Country

Explore your street.

1. What can you see on the street outside your new home?
2. Are there other homes on your street?
3. Are there other places on it (*shops, park, clinic, etc.*)?
4. Are there any signs or boards on your street?
5. Can you find describing words to tell us what your street looks or feels like? (*big, small, loud, etc.*)



- Cut out a larger piece of paper of 12 cm by 12 cm piece of paper and label "Page 2".
- **Draw the street your new home is on.**
- Draw your new home on the street too!
- Fill in the blanks below in English and add it below your drawing.

My new home is in           (*street's name*)           street.

The street has:

*(write 2 other places you see in your street.)*

1. \_\_\_\_\_

2. \_\_\_\_\_

Our street is           (*one describing word*)          



# Describing Words

Trace each word and say it out loud!

Match the word to the picture.

young	
yellow	
short	
tall	
old	
high	

empty	
long	
full	
open	
blue	
closed	

cold	
sunny	
happy	
hot	
sad	
rainy	

red	
fat	
thin	
fast	
slow	
green	

## My Home in My Country

Explore your city/town.

1. Which city or village is your new home in?
2. What are some important places in your city/town?  
(hospital, school, police station, etc.)
3. Which is your favourite place in your city or town?



- Cut out a larger piece of paper of 15 cm by 15 cm piece of paper and label "Page 3".
- Imagine you are looking at your city from above.
- **Draw your city or village.**
- Draw your street and home in it too. Include more details!
- Fill in the blanks below in English and add it below your drawing.

My new home is in (city or town's name) .

My new place has

(write 3 other places in your city or town.)

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_



Our city / town is (one describing word) .

My city / town is also (another describing word)





## My Home in My Country

Explore your host country.

1. Which country do you live in?
2. Find a map of your host country. What do you notice? (colours, shapes, lines, etc.) – Check Page 12
3. What are some other states or districts?
4. What are some other countries close to yours?



- Cut out a larger piece of paper of 20 cm by 20 cm piece of paper and label “Page 5”.
- **Draw your new country.**
- Draw your home in it too. Add other states
- Write/ Say 2 things about your new country.

Attach the 5 pages together in order using a string/thread or stapling it together.

Share your Flip Book with family and friends. They can ask questions about it.



**At the back of your flipbook, write your new home's address:**

**Name - Home - Street - Area/City/Town  
State - Country**

# Appendix

## A Map of the World



# Weekly Reflection

Did I enjoy learning this week?



What are some new things I learned  
about my new place?

# Week 2 Overview



## Project

### My Pop Up Restaurant

Prepare a meal from your host country in a restaurant-like environment.

## Cooking and Serving!

Cook and serve a meal in your restaurant!

5

## Price Plan

Figure out the price of the dishes you will serve.

4

## Menu and Decoration

Create the menu for your restaurant!

3

## What is a Restaurant?

Explore popular dishes and restaurants available in your host country

1

2

## Figure out the Logistics

Produce your list of guests your feedback form and create your food plan.

## Materials Needed

- Paper
- Local ingredients
- Pencil/Pen
- Recipes from your host country

## My Pop Up Restaurant

1. Have you tried food from your host country?
2. What did you like the most?
3. Was anything new about the food you tried?



**Have you gone to restaurants? Let's think about it!**

**Draw what you like  
about restaurants:**

**Draw what you like  
about eating at home:**



**In this project you will create your own restaurant!**  
**How can you create a successful restaurant?**

We will think about the following for your restaurant.

1. Name

2. Guest  
List

3. Food  
Plan

4. Cost

5. Menu and  
Decoration



## Section 1

### Name of My Pop-Up Restaurant

Think about your favourite restaurants. What do you find in them? What do you like about them?

Draw 2 things that will make your restaurant special.

A large, empty rectangular box with a blue border, intended for drawing one of the two special things for the restaurant.A large, empty rectangular box with a blue border, intended for drawing the second of the two special things for the restaurant.

Brainstorm names for your restaurant!

My restaurant's name is \_\_\_\_\_.

Section 2

Guest List

- Write the names of 3-5 guests for your restaurant.

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_



Breakfast



Lunch



Dinner

- Find out when they are free. **For which meal can guests come?**

\_\_\_\_\_

- For **each guest**, make a feedback form with 2 questions to know if they enjoyed their meal. Example:

FEEDBACK

How was the food?



Do you want to come again?

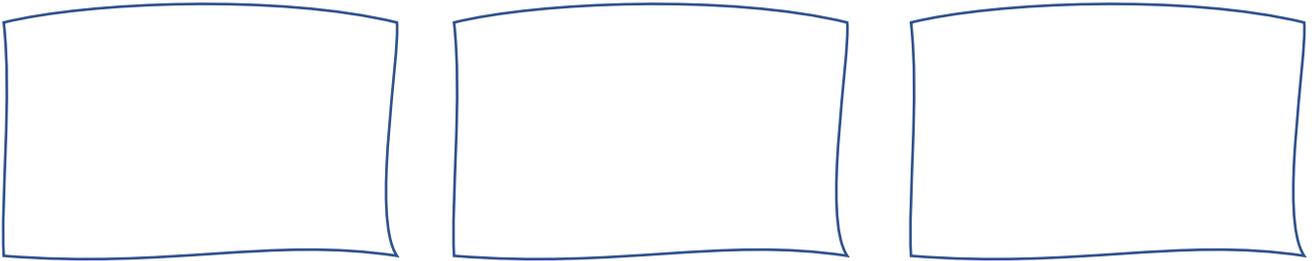


My Pop Up Restaurant

Section 3

Food Plan

1. Ask your friends and locals to show you some common ingredients for food in your host country. Draw at least 3.



Challenge yourself to label them in English!

For each ingredient, discuss 4 features. (What is its shape? How does it smell? Does it remind you of something? Etc.)

1. Interview people from your host country about popular dishes.
2. For which meal will your guests come? (Breakfast, Lunch, or Dinner)  
Identify 2 simple dishes to make that you can manage from start to finish.  
*(TIP: Ask for dishes that require a maximum of 45 mins prep time)*

My Recipe

Ingredients

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Steps

1. \_\_\_\_\_  
2. \_\_\_\_\_  
3. \_\_\_\_\_  
4. \_\_\_\_\_



With the help of an adult, write or draw the recipes!

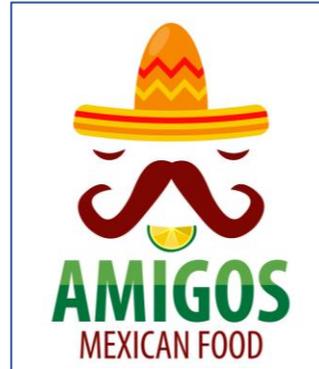
## My Pop Up Restaurant

## Section 5

## Menu and Decoration

1. Think of a 'catchy name' for your restaurant that is related to your host country and make a banner with the name.

(Add some drawings too!)



## Sara's Restaurant

Dear Rahman,  
Please visit us for lunch.

**Date:** 29<sup>th</sup> March 2022

**Time:** 1 O'Clock



Sara

2. Design the **invitations** for the guests. Include the date, place, and time of your meal.

Write your name too.

3. Design a **menu** with all the dishes, its ingredients, and cost (Example below) Write the name of your restaurant on the cover page too!



## Vegetable Salad

Tomato	Cucumber
Onion	Lettuce
Cabbage	Lemon

**\$15**

## My Pop Up Restaurant

### Section 3

## Costs for your Restaurant

- 1. What is the currency used in your host country?**  
What types of money and coins are there?  
What amounts do they show?
- 2. Find out the approximate price of each ingredient and write the total cost for each dish.**
- 3. Do you want to put a higher price on your dish for your restaurant? If so, how much? Write the final price of your dishes.**

- Find out how much money your guests will need to buy the dishes.
- Make notes of \$1, \$2, \$5 or \$10 (in your host country's currency) for your guests.
- You can use different colours or shapes.
- You can also add a drawing to your currency.



**Give the paper money to your guests beforehand.**

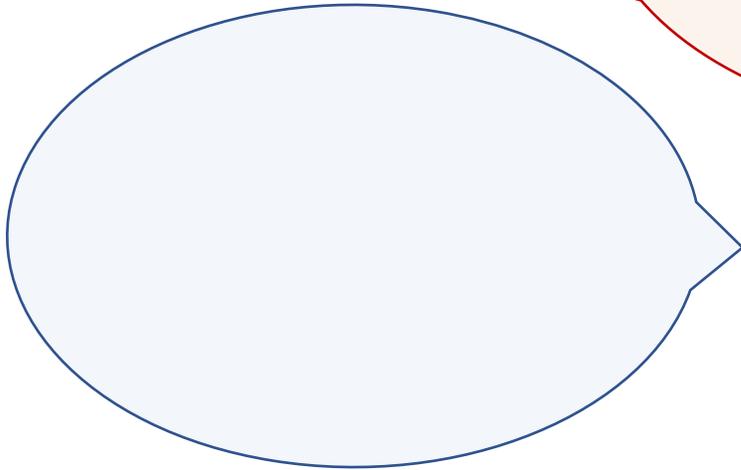
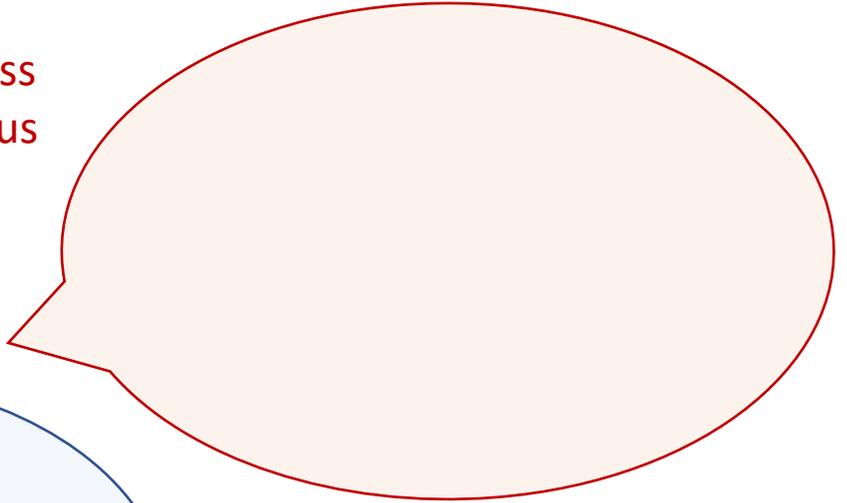


**How much paper money do you have in total?  
How do you think restaurants earn money?**

## FOOD TALKS

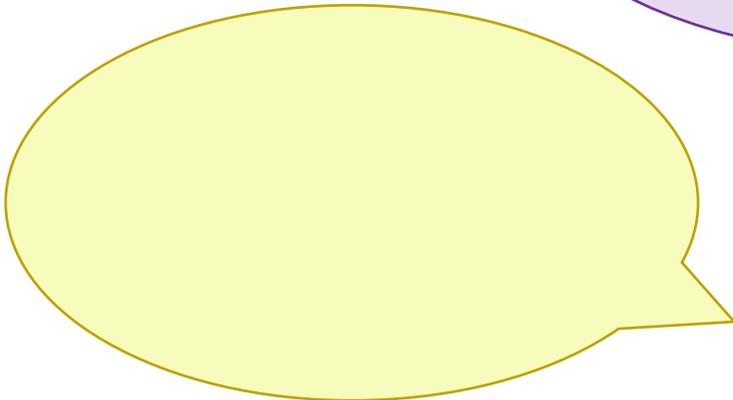
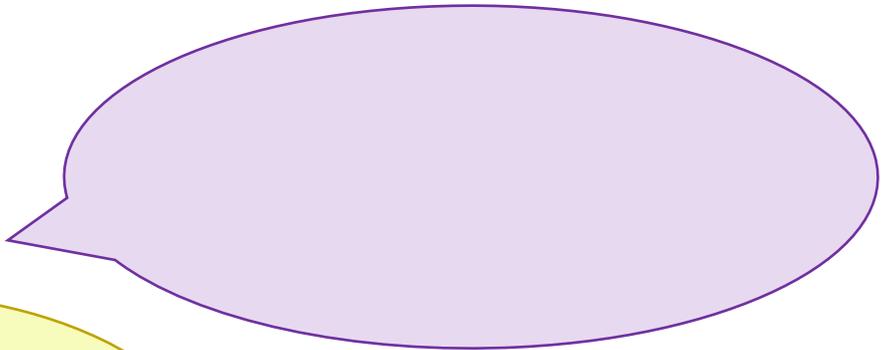
Explore words and customs around food in your host country!

How do you say or express that something is delicious in your host country?



What is a polite way of saying that there is something that you don't like about your plate?

How does a waiter/waitress ask what you would like to order?



How do you order food?  
How do you ask for the bill?

**My Pop Up Restaurant**

Today you will set up the restaurant!

1. Prepare the dishes or support the 'chef' in creating the dishes.
2. Put the decoration, banner, and table set-up together.
3. Practice how to order and serve in the local language!
4. Let the guests enjoy the meal!
5. Collect the money using the paper money you made.



6. Share the feedback form with the guests.
7. Count the responses using tally marks in a table. Eg:



Question	Happy	Okay	Sad
Question #1			
Question #2			
<b>Total</b>			



What went well? What can improve?

# Weekly Reflection

Did I enjoy learning this week?



What are some new things I learned  
about my new place?

# Week 3 Overview



**Project**

## Grandmother's Tales

What can we learn  
from stories?

### The Final Moral

Draft a folk tale that gives  
a message of hope!

5

### A Different Story

Learn about a folk tale  
from your host country

4

### Folk Tale in a New Home

Imagine your folk tale as if it  
happened in your home country.

3

### Folk Tale from Home

Remember a story from  
your home country.

1

2

### Parts of A Story

Identify the beginning, middle,  
and end of any story.

#### Materials Needed

- Paper
- Pencil/Pen

## Grandmother's Tales

Let's brainstorm answers to this question:

**What can we learn from our elders through stories?**

*Folk stories have been told again and again through generations. Many of these are passed down orally rather than written down. Most folk stories have a setting, talking animal characters, a happy ending for the main character and a lesson to be learned.*

Think about your favorite folk story from back home (it could be from a book you read, or a story you've heard).



If you can't remember one, ask someone to share one story with you. Some of the questions you can ask to find their favorite folk story are:

- What story did your parents or grandparents tell you that you never forgot?
- What is the story you enjoy listening to?



1. Close your eyes.
2. How did the story made you feel?  
Give yourself some time to think.
3. Open your eyes. If you don't know how you feel yet,  
you may choose one or two words from the box



Happy

Angry

Calm

Sad

Playful

Grateful

Surprised

Inspired

Excited

4. Draw yourself when you are having that feeling.

1. What in the story (specific words, characters, magic, etc.) made you feel that way?
2. What have you learned from that story?  
*Eg: "I've learned that sometimes it is hard to be brave".*
3. What is your favourite part in the story?



## Grandmother's Tales

Retell the story you heard from the previous day to your partner.

1. Who were the characters of the story?  
Where they human or animals?
2. Where did the story take place? In a city? In a forest? How can you tell?
3. Was there any magic involved?



What were some things that helped you remember and/or retell the story?

Storytellers use one simple strategy to organize and remember their ideas; sorting the story into three moments:

### BEGINNING



**Setting** (place or time) and the character

### MIDDLE



Character faces a problem.

### END

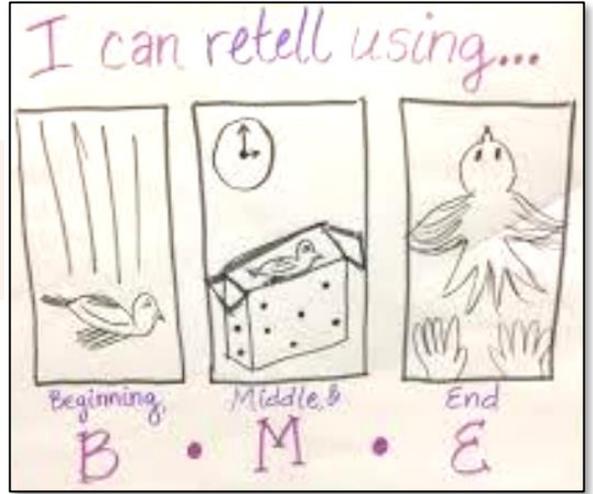


Problem gets solved.

# DRAW THE STORY!

Can you tell the story from this drawing?

Similarly, make one drawing for each part from the folk tale you heard.



BEGINNING	MIDDLE	END
		

Show this to a friend. Can they guess what the story is about from our drawing?

**Grandmother's Tales**

Bring your favourite folk story to where you are today!

1. If this folk story was set in your host country, what are 2 or 3 things would change?

*Think about names of people and things, clothing, settings, dialogues that characters would use, etc.*

**Original version****New version**

The diagram consists of three rows of empty, rounded rectangular boxes. Each row is connected by a blue arrow pointing from the left box to the right box, indicating a transition from the original version to the new version.

2. Re-draw the key parts of the story (*Beginning, Middle, and End*) based on the changes you identified.



# COMMON PHRASES

How do people say the following in your host country's language? Try and write it down. When do they say it?

**Hello**

\_\_\_\_\_

**Thank  
You**

\_\_\_\_\_

**Goodbye**

\_\_\_\_\_

**What's the  
price?**

\_\_\_\_\_

**Where is it?**

\_\_\_\_\_

**Yes**

\_\_\_\_\_

**No**

\_\_\_\_\_

## Grandmother's Tales

Learn about a folk tale from your host country!

Ask someone from your host country to share one folk story with you. Also, ask:

- What is the story you enjoyed listening to as a child?
- What story do elders always tell in this country?

Write down the story as they tell it to you.  
Draw the beginning, middle, and end.



**BEGINNING**

**MIDDLE**

**END**

Compare your home country's folk story with your host country's:

- What are 2 things that are similar?
- What are 2 things that are different?



## Grandmother's Tales

What makes a story interesting?

Draft a folk tale (in 3 parts) that combines elements from the two stories you have studied and tells a message of hope for others:

BEGINNING	MIDDLE	END

### My Message of Hope:

*Eg: Be Kind.*



- Share your folk story with your peers.
- What did other people like about the story?
- What changes would you make to your story to make it better?

# Weekly Reflection

Did I enjoy learning this week?



What are some new things I learned  
about my new place?

# Week 4 Overview



## Project

### About My Country

Can I create something new for my country?

## Something new!

Design your own cultural element for your host country.

5

## Unveiling Stories

Learn about important events in your host country!

4

## Musical Challenge

Learn a song/poem from your host country

3

## What's in a Country?

Learn about things that make a country special

1

2

## Moving Around!

Find out the rules of a sport from your host country and play it!

## Materials Needed

- Paper
- Pen or Pencil

## About My Country

Explore the culture of your host country!

1. Draw the flag of your host country.
2. Walk around and interview 2 to 3 locals to learn about:



### Cultural Practices

**What are some habits and customs?**

*How do people greet each other?  
How do they decorate their home?*



### Popular Activities

**What do people do for fun?**

What are some big festivals?  
What do people usually do during the weekend?



### Famous people

**Who are the celebrities** (*athletes, movie stars, artists, writers, journalists*) **that people admire and why?**



### Outfits

**What do people wear in different parts of your country?** Which colours do they mostly wear?  
What materials do people use?

## About My Country

Explore popular sports in your host country!

1. Interview locals to learn about the most popular sports or games in your host country.

**Which one do you like the most from your home country?**

2. Imagine that you are explaining that game to someone that hasn't played or seen the game in action, how will you do it?
3. What are the rules of the game?
4. Invite friends and locals to play the game and have fun!



- How did playing the game made you fee/?
- What does this game tell you about the people who play it?
- What makes you say that?

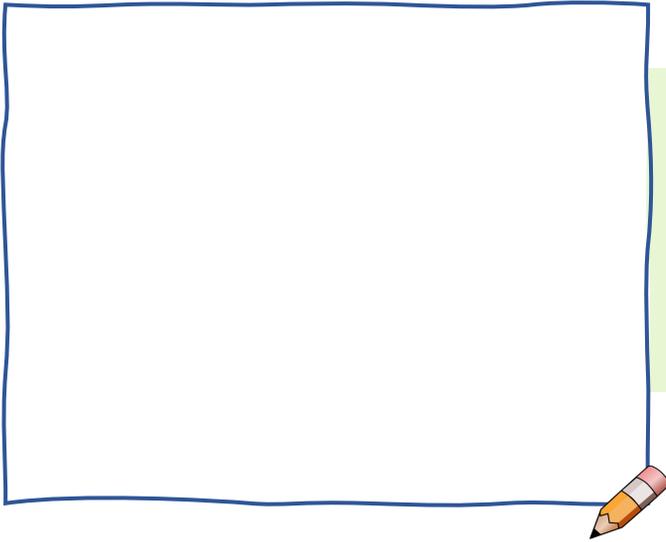
**About My Country**

Explore popular songs in your host country!



**What is the most popular song or poem in your host country?**

Can you learn it or some of its lines?



What is the song about?  
Draw a character, a moment, or a thing that the song talks about.

**Can you now change a line or two in the song with your own lyrics?**

**Share your song with someone else!**

## About My Country

### Unveiling Stories



Interview 1 or 2 people in your host country to find out important historical events that took place in the country.

1. Listen to them carefully.
2. Provide wait time for silence/thinking.
3. Take notes, draw and/or record interviews.

Identify and draw one or two important events that took place in your host country.

Event 1

Event 2

## About My Country

Now that you've learned more about the culture of a country, let us create something new for your host country based on what you have learned!

### Some Ideas

- Design an outfit for your country.
- Invent a new game for your host country
- Create a new dish for people to try out!
- Write a song about your host country.
- Make a poster about a famous person in your host country.
- Any other idea you may have!



## Presenting Your Country

Share your creations with others. Also, share your drawings of important events. Encourage people to ask questions about your host country.



Let's  
Reflect!

- How do you feel after creating things for your host country?
- What was easy? What was challenging?
- What are some similarities and differences between your home and host countries?

# Weekly Reflection

Did I enjoy learning this week?



What are some new things I learned  
about my new place?

What are some questions I still have about  
my host country?

# Attributions

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