

Literacy

Foundation

Screen-free learning resources that build multiple skills.



Content Partners

Check if this Workbook is right for you.

Answer the following questions in 20 minutes.

1. Name one thing that starts with the letter B, K, and T.
2. What is the next letter?
P _____ H _____
3. Put the pictures in order by writing 1, 2, or 3 below each.



4. Arrange the following from smallest to biggest:
5, 1, 4, 3, 2



a
c
f

5. Match the letter to the picture that starts with that sound.

6. "I had so much fun!"
Circle the feeling this shows.



Check your answers using the key on the next page.

Answer Key

Give the allotted marks for each correct answer.

1. B- Ball, K- Kite, L- Lamp (Accept other correct responses.)

1 mark each

2. P Q

H I

1 mark each

3.



1



3



2

1 mark each

4. 1, 2, 3, 4, 5

2 marks

5.



a

c

f

1 mark each

6.



2 marks

If your score is:

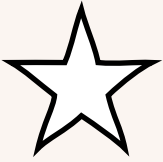
10 or less	This workbook is right for you!
11 to 15	Use the Literacy Workbook for Level 0

My Learning Journey

Name: _____

Draw yourself here.

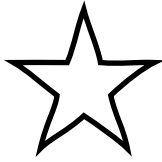
Week 1



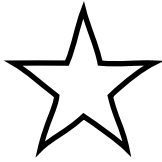
Day 1



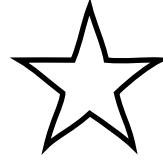
Day 2



Day 3



Day 4



Day 5

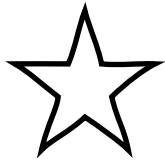


DONE!

Week 2



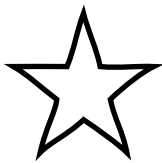
Day 1



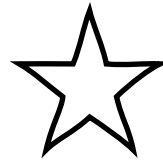
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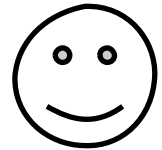
Day 3



Day 4

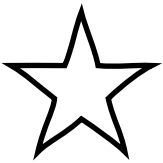


Day 5

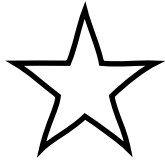


DONE!

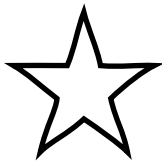
Week 3



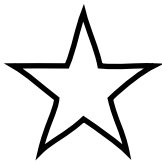
Day 1



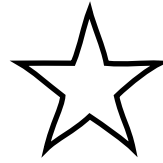
Day 2



Day 3



Day 4



Day 5

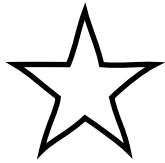


DONE!

Week 4



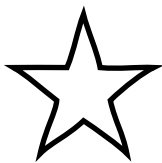
Day 1



Day 2



Day 3



Day 4



Day 5



If you liked this, go to our IFERB website for hundreds of more such resources. Visit <https://resources.educationaboveall.org>

My Emotions

Every day, draw how you feel in your notebook.

Today, I feel



Happy



Angry

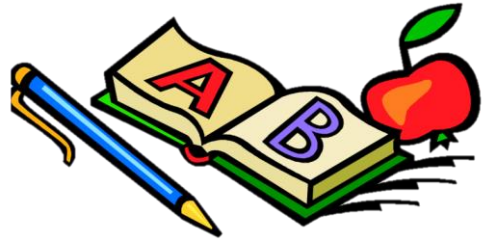


Sad



Week 1 Overview

Project **ABC By Me**



Create your own Alphabet Book (A to O).

We will also do the following activities:

- 1 Big and Small** Practise identifying capital and small letters of the alphabet.
- 2 Muddy Numbers** Explore numbers through this Math game.
- 3 ABC Yoga** Breathe and move while also revising alphabets.

Materials Needed




- Paper and Pencil
- Twigs/Sticks/Toothpicks
- Bag
- Pebbles / Leaves



ABC By Me

Can you make your own
Alphabet Book?

1. Trace the letters:

A 	A A A A A A A
B 	B B B B B B B
C 	C C C C C C C




2. Make each page of your alphabet book like this:

3. Make the pages for **A**, **B** and **C**.

ABC By Me





Make the pages for letters D, E, and F.

Trace the letters.

D 	D D D D D D D
E 	E E E E E E E
F 	F F F F F F F

Match the letter to the object beginning with it.

Write A to F using small objects like pebbles or leaves.

D	
C	
A	
B	



BIG AND SMALL

Match the big letter with its small letter.



Apple

A ○

○ b



Ball

B ○

○ d



Cake

C ○

○ e



Dog

D ○

○ a



Egg

E ○

○ f



Fish

F ○

○ c

Circle the beginning sound of these things:



a e b



c d f



a e b




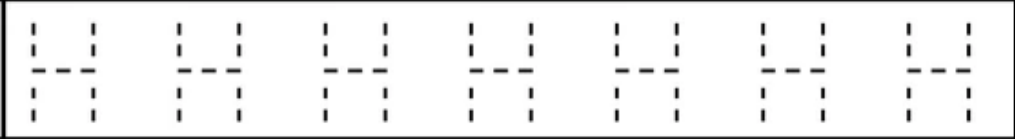




c d f

ABC By Me

Make the pages for letters G, H, and I.

Trace the letters.

Alphabet Hunt

Find things in your house that begin with letters from A to F.

Examples:



Apple



Ball



Cup






Doll

- Count the number of objects you found.
- Name the colours of the objects.
- Which is your favourite object? Why?
- Draw any one object and write the letter it begins with.







ABC By Me

Make the pages for letters J, K, and L.

Trace the letters.

J 	J J J J J J J
K 	K K K K K K K
L 	L L L L L L L

Match the big letter with its small letter.

 Goat	G ○	○ I
 Hat	H ○	○ g
 Iguana	I ○	○ k
 Jet	J ○	○ h
 Kite	K ○	○ j
 Lips	L ○	○ i

MUDDY NUMBERS

How to Play

- Write 0 to 10 on mud or wet sand using a stick or your fingers!
- For each correct number, the player gets 1 point.
- The player who finishes first gets 1 more point!

Who won the most points? They win the game!



Count the page numbers of your book so far.

Let's Revise!

Write the number of flowers in the box.












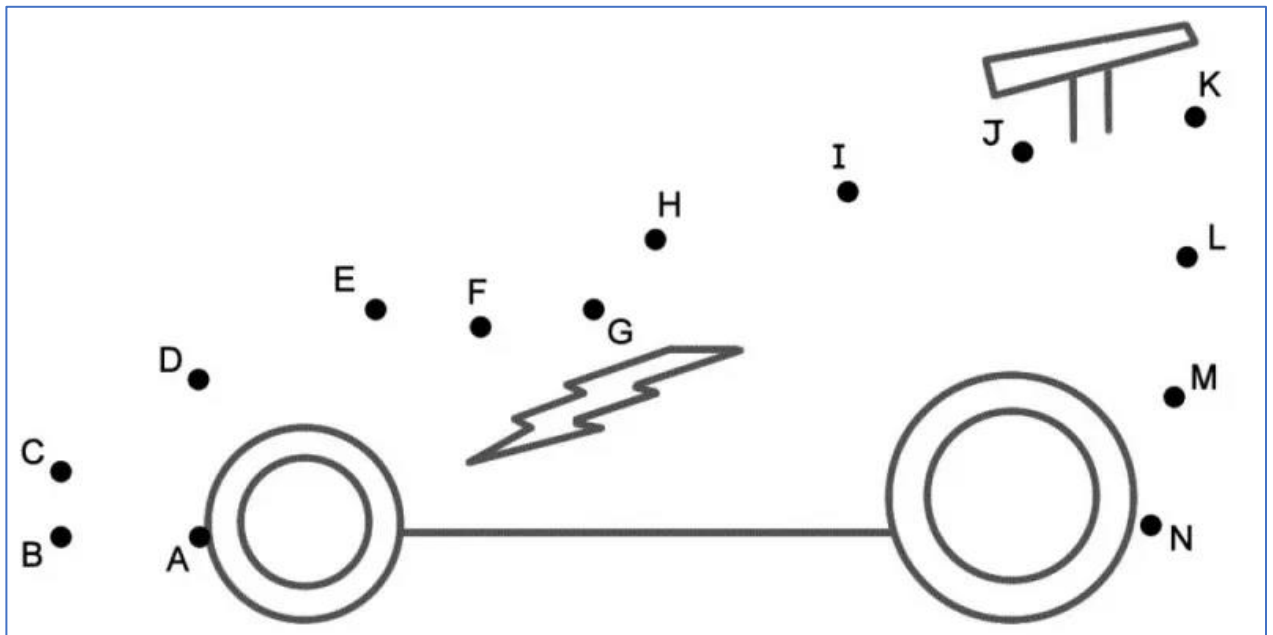
ABC By Me

Make the pages for letters M, N, and O.

Trace the letters.

M		M M M M M M M M
N		N N N N N N N N
O		O O O O O O O O

Connect the dots from A to N.



1. What do you see?
2. Which letter does it start with?
3. What is it used for?

Do each pose of the ABC Yoga.
Take slow breaths in and out.

 <p>A Airplane</p>	 <p>B Butterfly</p>	 <p>C Cobra</p>	 <p>D Dog</p>
 <p>E Easy Pose</p>	 <p>F Frog</p>	 <p>G Grasshopper</p>	 <p>H Happy Baby</p>
 <p>I Inhale</p>	 <p>J Jack-in-the-Box</p>	 <p>K Kite</p>	 <p>L Lion</p>
 <p>M Mouse</p>	 <p>N New Pose</p>	 <p>O Otter</p>	

Weekly Reflection

Did I enjoy learning this week?

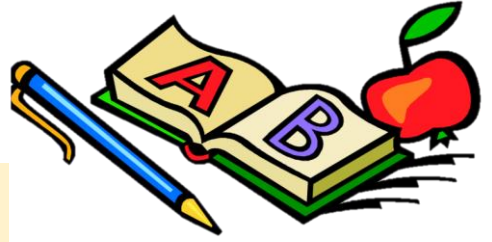


What are some new things I learned?

If you liked this, go to our IFERB website for hundreds of more such resources. Visit <https://resources.educationaboveall.org>

Week 2 Overview

Project ABC By Me



Continue making your Alphabet Book (P to Z).

We will also do the following activities:

- 1 Big and Small** Match the capital letter with its small letter.
- 2 ABC Yoga** Breathe and move while also revising alphabets.
- 3 Natural Letters** Make letters using different things in nature!

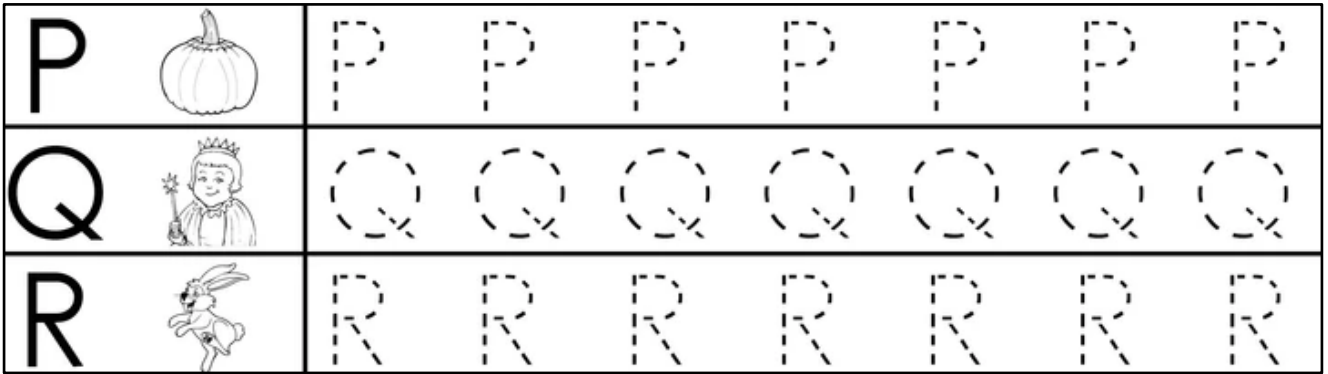
Materials Needed

- Paper and Pencil
- Thread / String
- Pebble / Leaves
- Bag

ABC By Me

Make the pages for letters P, Q, and R.

Trace the letters.



Musical Alphabet

- Place the pages of your alphabet book in a big circle.
- When the music starts, players walk around the circle. When it stops, players must stop at a letter.
- They must say:
 - The **letter sound**
 - A word that **starts with the letter.**

If it's incorrect, they are out of the game.



Add your own rules too! Who wins the game?

BIG AND SMALL

Match the big letter with its small letter.



Mug

M ○

○ p



Nest

N ○

○ n



Owl

O ○

○ q



Pig

P ○

○ m



Quail

Q ○

○ r



Rat

R ○

○ o

Write the starting letter for the pictures below.



ilk



uts



op

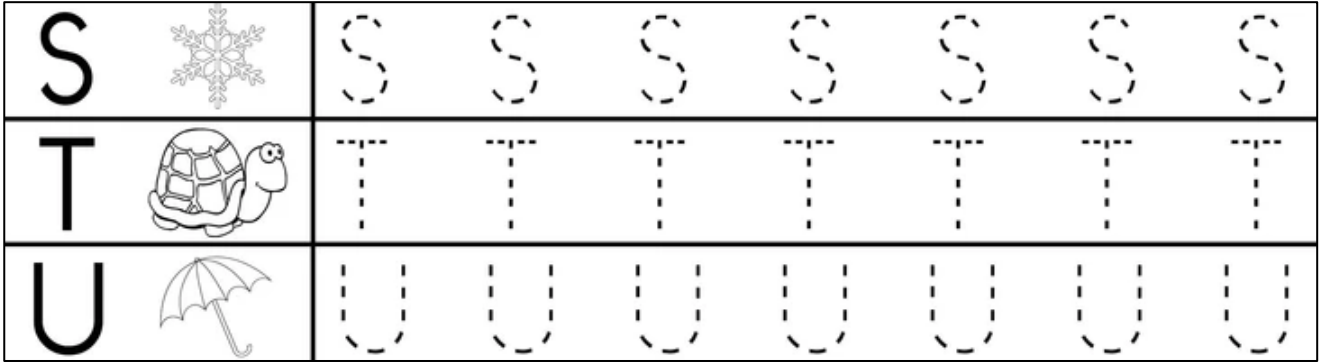


ot

ABC By Me

Make the pages for letters S, T, and U.

Trace the letters.



Alphabet Race

2 or more players

1. Place the pages of your book in a line.
2. The players stand at a starting point far away from it.
3. Someone calls out a letter from A to U.
4. The player to run and pick up the correct page first gets a point!

Who won the game?

























Make the letter sounds from A to O and draw/ say a word that starts with it.











ABC By Me

Make the pages for letters V, W and X.

Trace the letters.

V 							
W 							
X 							

Match the big letter with its small letter.

 Sun	S	<input type="radio"/>	<input type="radio"/>	Z
 Tap	T	<input type="radio"/>	<input type="radio"/>	w
 Umbrella	U	<input type="radio"/>	<input type="radio"/>	t
 Van	V	<input type="radio"/>	<input type="radio"/>	v
 Worm	W	<input type="radio"/>	<input type="radio"/>	s
 X-mas	X	<input type="radio"/>	<input type="radio"/>	x
 Yak	Y	<input type="radio"/>	<input type="radio"/>	u
 Zebra	Z	<input type="radio"/>	<input type="radio"/>	y

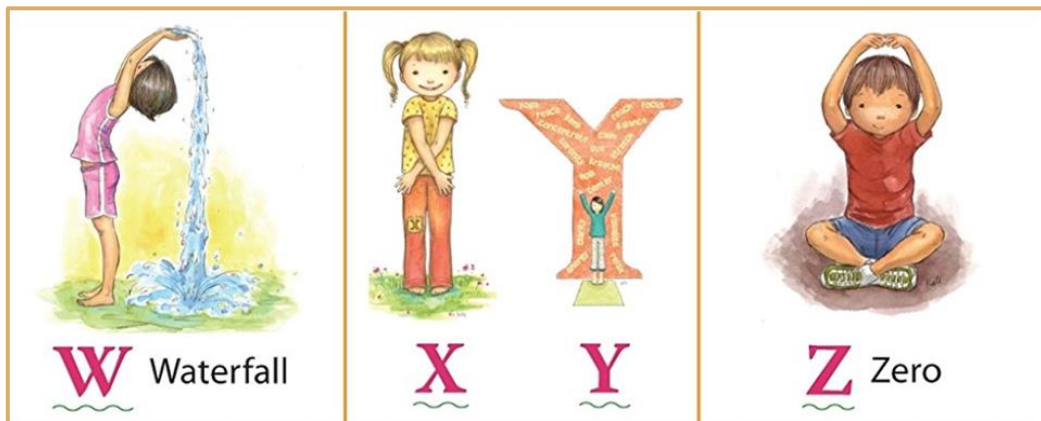
Sing the Alphabet Song with friends!

A B C D , E F G
H I J K , L M N O P
Q R S , T U V
W X Y and Z (Zee)

Now I know my ABCs
Next time, won't you sing
with me!



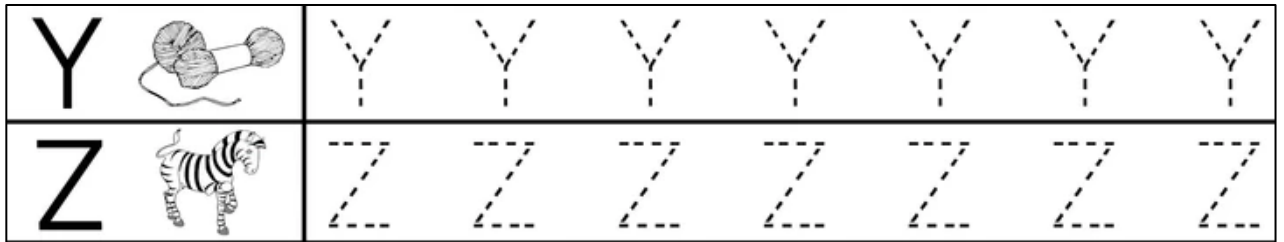
Do each pose of the ABC Yoga.
Take slow breaths in and out.



ABC By Me

Make the pages for letters Y and Z.


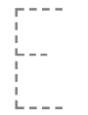




Trace the letters.



Alphabet Bag

1. Write A to Z on pieces of paper.
2. Put them in a bag and add other small objects (*leaves, rice, pebbles, etc.*).
3. Shake the bag and pull out a letter without looking.
4. Then, write the letter in its correct position below.



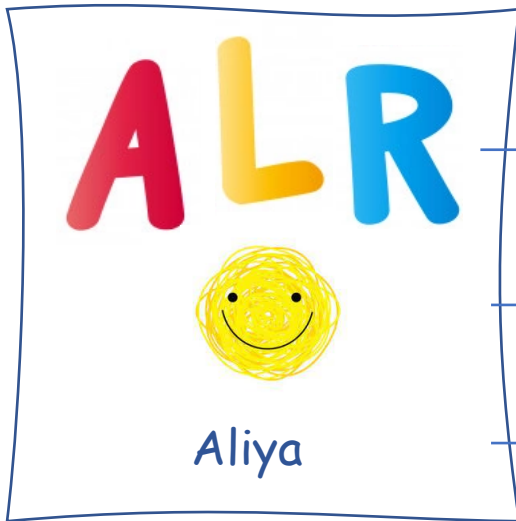
						
						
						
						

ABC By Me

Our Alphabet Book will be ready!

Making the Cover Page

1. Arrange the pages in the correct order (A to Z).
2. On a fresh page, design your book's cover:



Your 3 Favourite Letters

Any Drawing

Your Name

Tie or staple all the pages together to make your book.

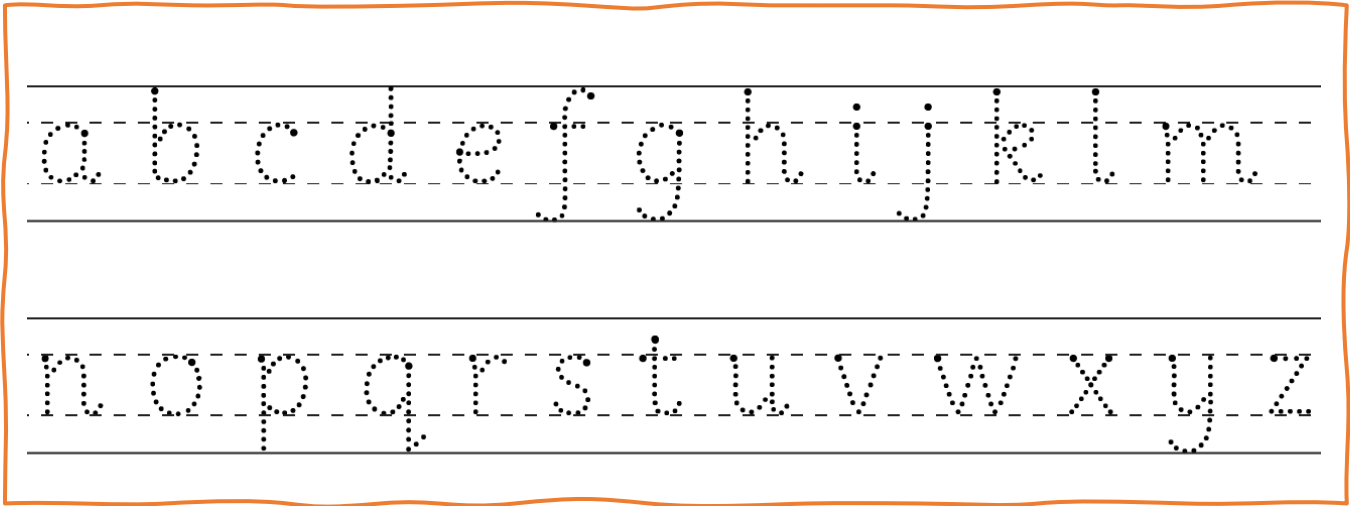
Presenting the Book

- Share your book with your friends.
- They can ask questions about the book.



NATURAL LETTERS

Trace the small letters.



Write small letters using items you can find in nature!



Weekly Reflection

Did I enjoy learning this week?



What are some new things I learned?

If you liked this, go to our IFERB website for hundreds of more such resources. Visit <https://resources.educationaboveall.org>

Week 3 Overview

Project Be Your Own Author



Create your own story!

We will also do the following activities:

- 1 Story Map** Draw pictures from a story!
- 2 Reflection** Identify the character's feelings in the story and yours too!
- 3 Ball Games** Practise counting numbers through a fun math game!
- 4 Story Time** Read an interesting short story.

Materials Needed

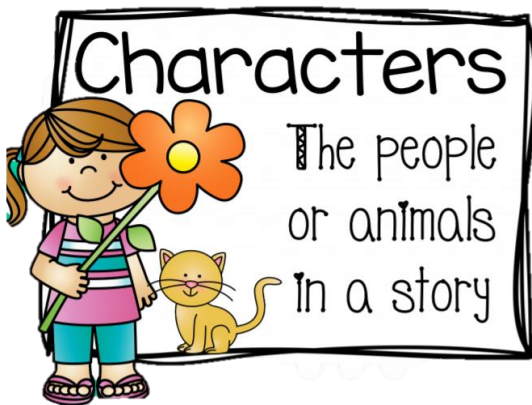
- Paper
- Pencil/Pen
- Ball/ Soft toy/ Pillow
- Bag

Be Your Own Author



What makes a story interesting?

1. A volunteer will share a story from their life **OR** read out a story to you.
2. Identify and tell these details of the story:



- Who are the characters?
- Where is the story taking place?
- Did you like the story? Why or Why not?

Draw a Story Map to show us what the story is about.

Write the first letter of the author's name, characters and setting too.

Author's Initials: _____

Characters

Setting



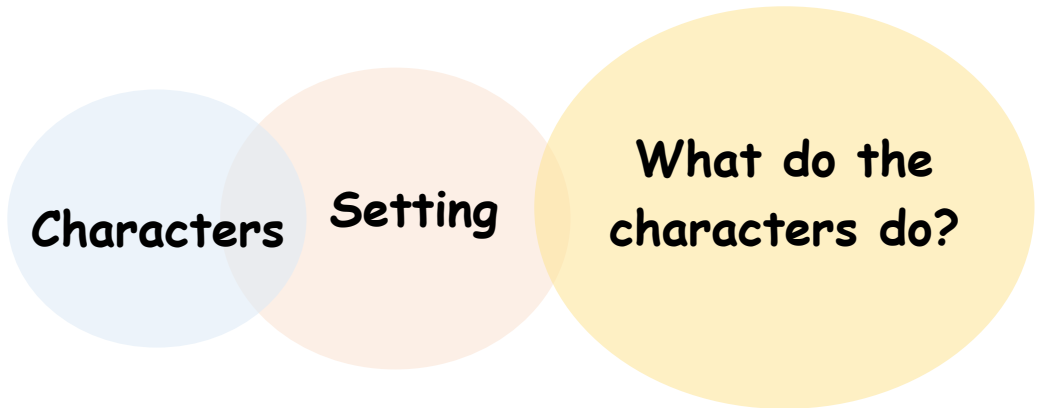
Something that happens in the story

Be Your Own Author

1. Choose any one topic to create a story about.



2. Build your story! Think of the following:



3. Tell the story to someone:

- Did the listener like the story?
- Did you get ideas to change the story?



STORYTELLING GAME



1. Each player should put 3 to 4 objects in a bag without telling the other.
2. Pick out any object from the bag without looking .
3. Tell a story about that object to the others. Take turns!

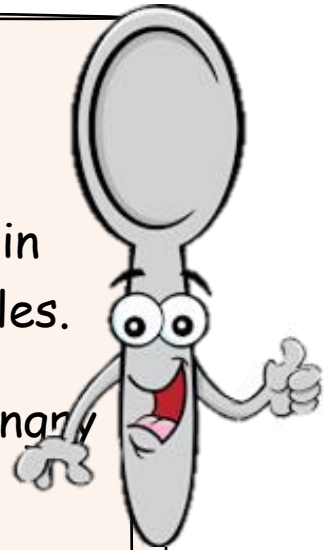
For example, if you pick out a spoon, this could be the story:

The spoon called Spooky was happy as Sam only ate ice-cream.

Then, Sam learnt about healthy eating in school. So, he decided to have vegetables.

Spooky did not like the taste and got angry with Sam.

Finally, Sam told Spooky that vegetables make him strong and that he could still have ice-cream once a week. Spooky and Sam were both happy and healthy.



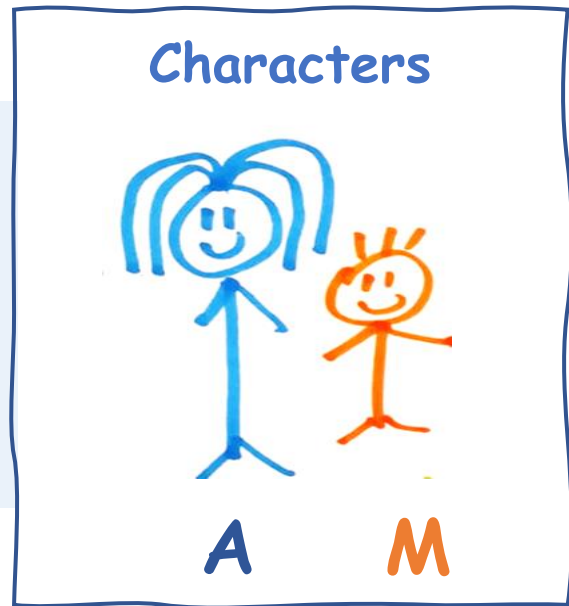
What did you like about each story? Why?

Be Your Own Author

Let us start making the pages of our story book!

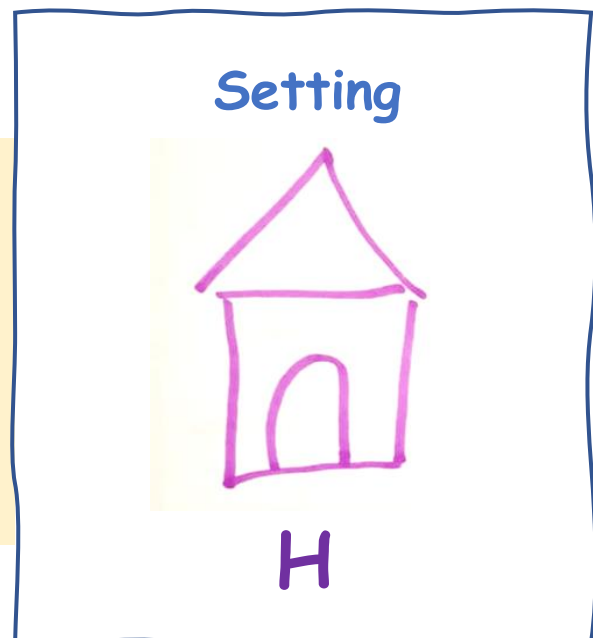
On a page,

- **draw the characters** of your story
- Write the first letter of their names.



On another page,

- draw the **setting of your story**
- write the first letter of the place's name



MANY MOODS

How do your characters feel in the story?
Why do they feel that way?



happy



sad



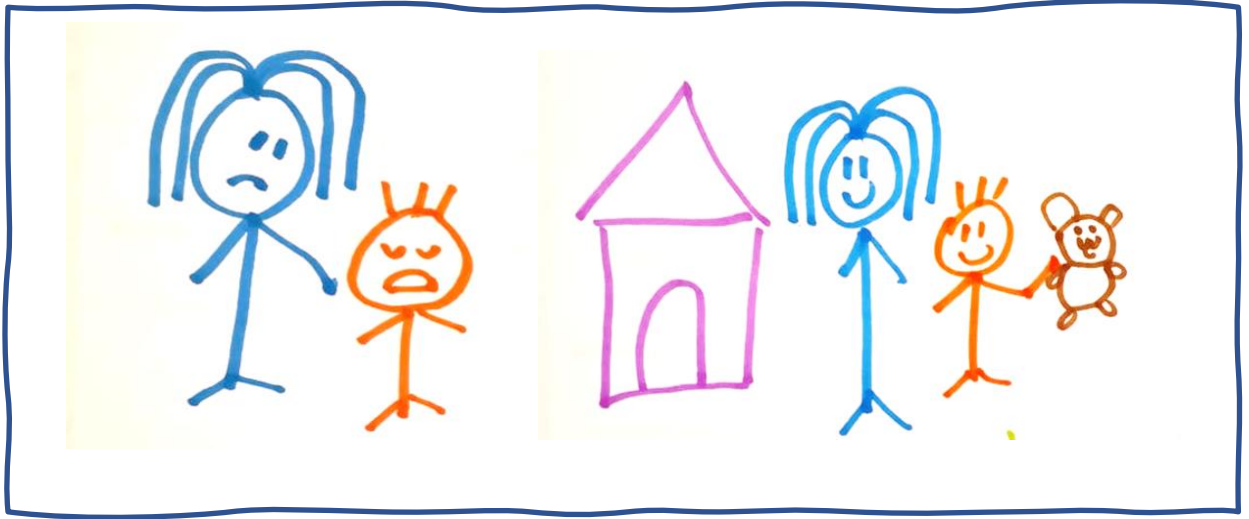
angry

What can make you happy when you feel sad?
Draw them below!

Be Your Own Author

On a new page, draw 1 or 2 scenes from your story.

Example



Make Predictions

Look at the pictures below. What do you think will happen next? Tell a story about it!



Ball Games

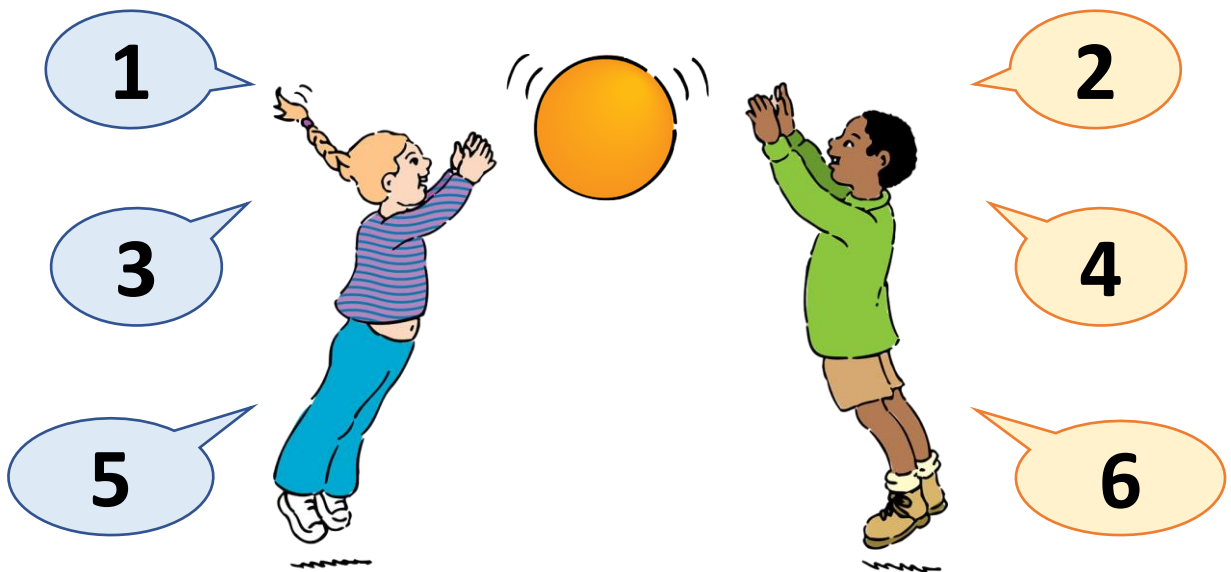
We use numbers everywhere, even in the pages of our storybook.
Let's practise counting!

No. of Players

2 or more pairs of players

How to Play

- In pairs, throw and catch the ball.
- Each time you catch the ball, count the number.



- If the ball drops, start from the beginning.

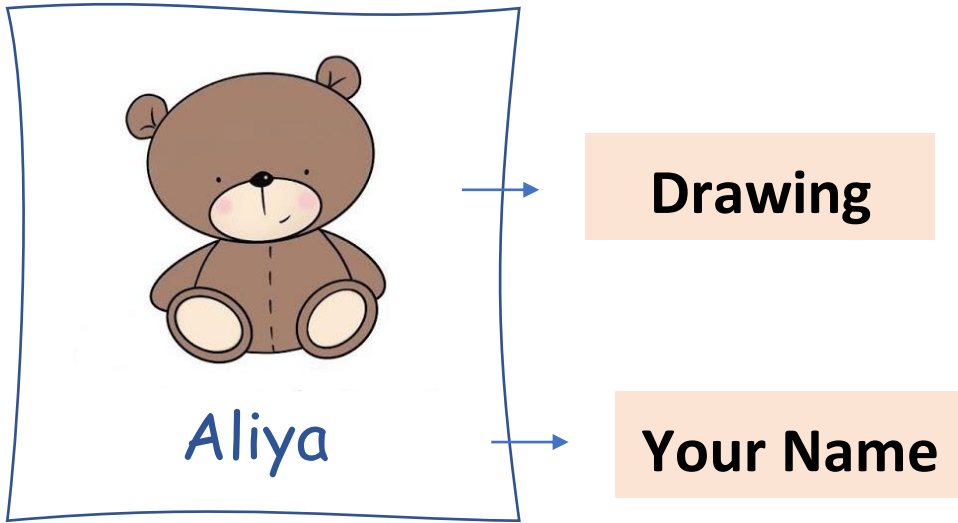
Which pair reached the number 10 first?

They win the game!

Be Your Own Author

Making the Cover Page

1. Make the cover page for your story book as shown below:



2. Tie or staple all the pages together to make your book.
3. Write the page numbers at the bottom of each page.

Presenting the Book

- Share your story with your friends.
- Did they like it?
- What makes your story interesting?
- Make changes to your story to make it better.



Weekly Reflection

Did I enjoy learning this week?



What are some new things I learned?

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Project Act it Out!

Become an actor!



We will also do the following activities:

- 1 Talk-a-thon** Who can speak the longest on a given topic?
- 2 Inside Outside** Time to ground ourselves through a sensory activity.
- 3 Imitation Game** Act like your friends and have others guess!
- 4 Moving Bot** Explore spaces through this Math Game!
- 5 Story Time** Read a story about brothers and all the things they do.

Materials Needed

- Any household object
- Bag



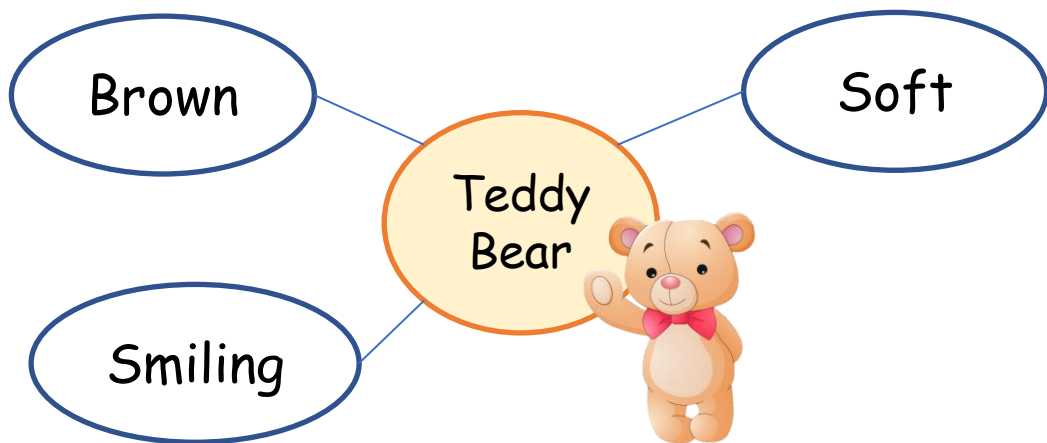
Act it Out

How can we express emotions through acting?

Show and Tell

Do this activity with friends.

1. Get 2 of your favourite objects from home.
2. **Draw or write** a word web with or 3 things you want to share about the object. Example:



3. Using these ideas, talk about the object with your friends.
4. Once everyone shares about their object, others have to repeat what was said. So, listen carefully!

TALK-A-THON

Let us practise our ability to talk.

Speak about any of these topics for at least 30 seconds.

Make a word-web, take time to think or speak on the spot.



1

Something I Learnt in School

2

Any Friend

3

My Favourite Game

Play a game with your friends to see who can speak for the longest time on a topic!

Let's Reflect



- What was easy for you?
- Were you able to speak for long?
- How does speaking help us in our daily lives?

Act it Out

1. Make a list of 5 to 10 actions you did this week.

Below are some actions. Can you name them?



2. Act the words out to your friends without speaking.

They must guess the action.

3. Each person takes turns to act.

The actor gets 1 point for each correct guess.
The player with the most points wins the game!

Inside Outside

Sit comfortably and take deep breaths.

Look around you. Think of the following. Say the names out loud.



What are 5 things you can see?



What are 4 things you can hear?



What are 3 things you can touch?



What are 2 things you can smell?



What is 1 thing you can taste?

Act it Out

Speaking with Emotions

Say each sentence with the given emotions and notice how different it is. **Do not use hand actions.**

- I have school tomorrow.
- Let us have lunch.
- Can you give me the book?



happy



sad



angry

Voice Exercises

- Choose any sentence.
- Say it in volumes 1, 2, 3, and 4.
- When do you speak in different volumes? Why?

4	Screaming Emergency Only	
3	Outside Voice Yelling Volume	
2	Inside Voice Natural Speaking Volume	
1	Whisper	

IMITATION GAME

- Act like a person from your group of friends.
- You can say the things that they say often and imitate their voice too!
- Others have to guess who it is and get **1 point** for every correct guess.



Who scored the most points? They win!

Let's Reflect

How do dialogues help us in acting?



Act it Out



Dramatic Play

Think of a **scene** you want to act out with your friends.

This could be from any story.

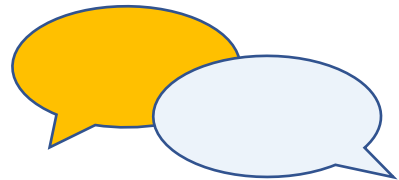


Who are the **characters**?

What do they say to each other?

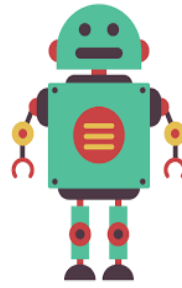
Practise the scene.

Select the costumes.



Speak with emotions and the right volume!

MOVING BOT



3 or more players

How to Play

- Player 1 is the **BOT**. Blindfold them.
Player 2 is the **DIRECTOR**.
 - Mark a start point. Keep an object somewhere.
 - **DIRECTOR** tells the **BOT** where to go.
The **BOT** follows the instructions exactly.
- Correct direction = **1 point** for the **DIRECTOR**
 - Direction followed correctly = **1 point** for the **BOT**



Move 2 steps forward.
Turn left.
Move 1 step back.
Turn right.



Reverse the roles.

Who won the most points? They win the game!

Act it Out**Presenting the Play**

Invite your friends to watch your play.

Enact the play in front of the audience.

- **Did they enjoy the play?**
- **What are 2 things that went well?**
- **What could be improved?**



MY FRIEND AND I

Written by Kanchan Bannerjee



I am Ali. I am in Class 1.

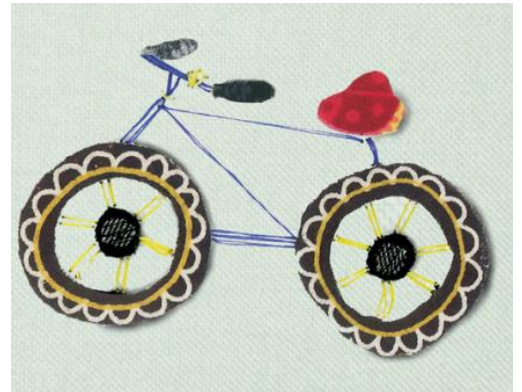
My friend's name is Samir. He is in class four. He is my best friend!

Every morning, we get ready for school. I button my _____.



Samir helps me put on my _____.

He takes me on his _____ and I ring the bell!



Samir reads big _____. He writes with a pen. I write with a pencil.

MY FRIEND AND I

I have a small _____.
Inside it, are two pencils.



After school, we play cricket.
Samir's three friends play with us.

Then, Samir buys me an _____.
It is really tasty!



It is 5 O'clock. It is time to go to
our _____.

- Who are the characters in this story?
- Do you have a close friend that you spend a lot of time with? What do you do with them?
- Draw your friend!

Weekly Reflection

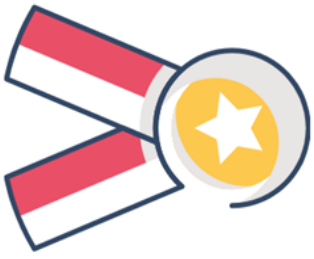
Did I enjoy learning this week?



What are some new things I learned?

If you liked this, go to our IFERB website for hundreds of more such resources. Visit <https://resources.educationaboveall.org>

CERTIFICATE OF COMPLETION



This certificate is awarded to

for the successful completion of the **Literacy** workbook.

التعليم | education
فوق | above
الجميع | all



Facilitator

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Pg. 42: This activity is designed by Dream A Dream, India.

Pg. 48, 49: My Friend and I, originally 'My Brother and Me' (English), written by Kanchan Bannerjee, illustrated by Pallak Goswamy, re-levelled by EAA, published by Pratham Books (© Pratham Books, 2013) under a CC BY 4.0 license on StoryWeaver.

