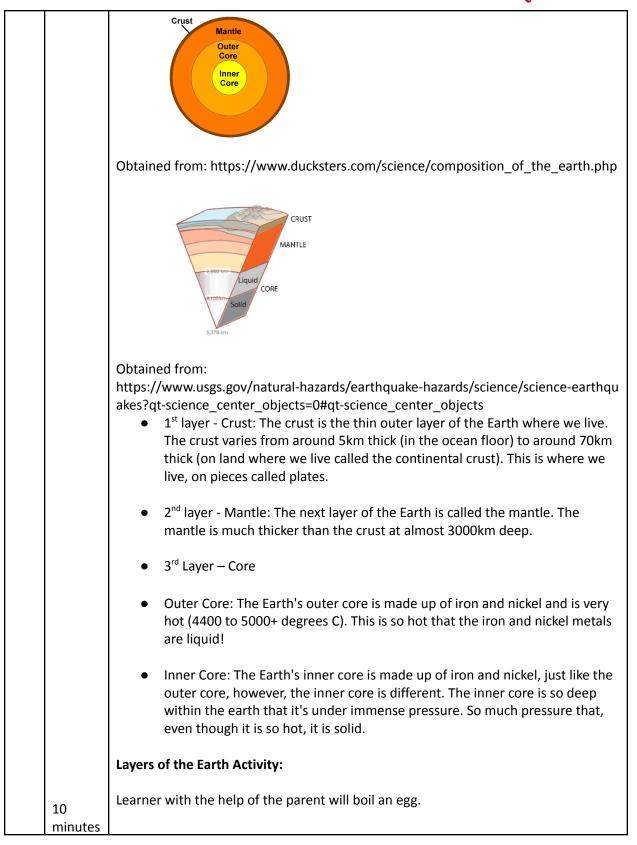


SHAKE IT UP!

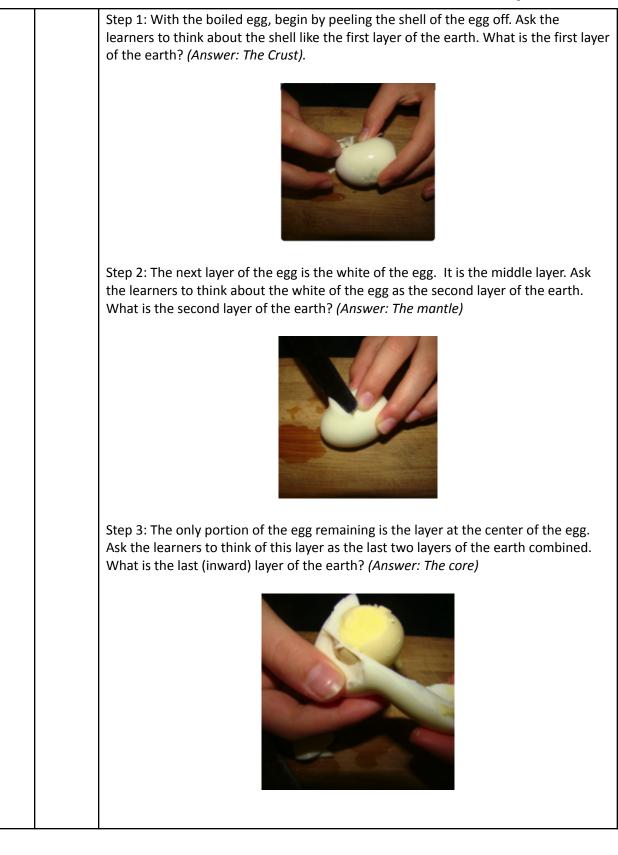
Ages 8 to 10 (Level 2)

Description:	Learners will begin to understand the way the Earth is designed as tectonic plates, how mountains form, what earthquakes are and how we respond to them!	
Leading question:	How would you keep your community safe if there was an Earthquake?	
Age group:	8 - 10-year old	
Subjects:	 Social Studies Language Art and Design 	
Total time required:	4 hours total over 5 days	
Self-guided /	Medium supervision by parents / guardians	
Supervised activity:		
Resources required:	Pens – Paper	
	Boiled egg	
	Orange	
	Plastic covers of containers,	
	A large tub	
	Cardboard, Scissors, Styrofoam, Glue	
	2 desks or tables,	
	1 coin,	
	Pencil or Marker	
	A stack of heavy books,	
	A ruler,	
	A piece of cardboard,	
	3 rubber bands, and paper	
	Preferred: A World Map	

Day	Time	Activity and Description
1		Learners will begin by learning the earth's composition and the different layers that make up the earth.
	25	
	minutes	Educators/parents will explain to the learner(s) that it may seem like the Earth is made up of one big solid rock, but it's really made up of several parts. Some of them are constantly moving! You can think of the Earth as being made up of several layers, sort of like an onion. See the picture below to see the four main layers of the earth: the crust, mantle, outer core, and inner core.



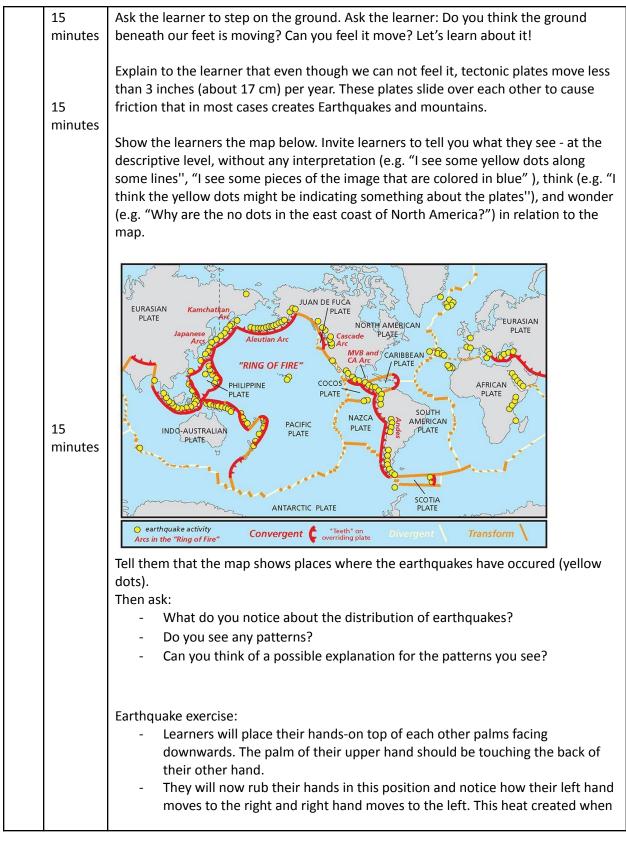


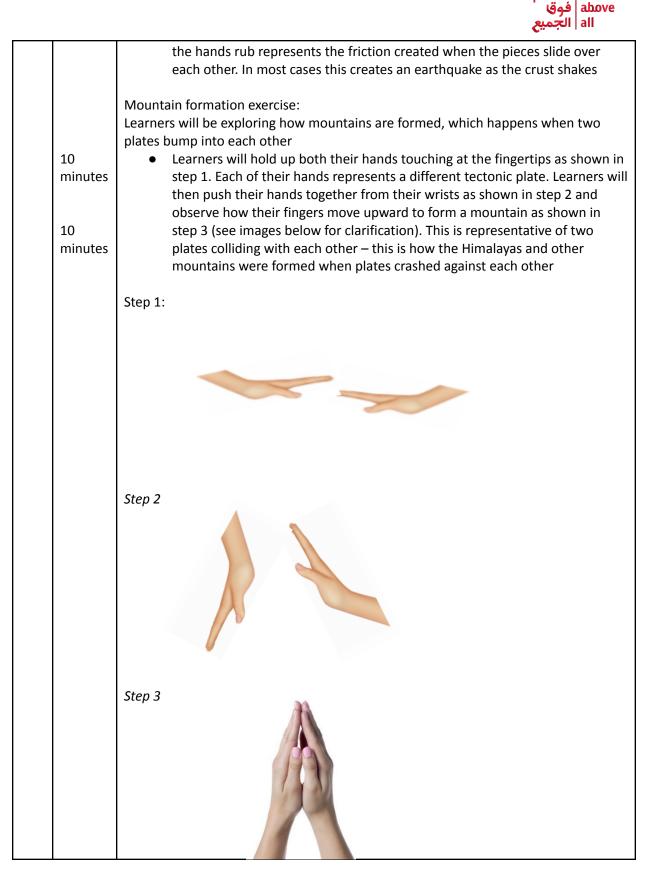




	10 minutes	Reflection : Thinking about the activities today, can you tell us:
	minuces	 Two things you have learned from today
		 One thing you found interesting
		 One thing that you still have a question about
		One thing that you still have a question about
		Parents/educators will ensure to respond to the learner's question where possible.
2	40	Learners will think about how the outer crust of the Earth is like a jigsaw puzzle
	minutes	Learners will draw and design their own map of the Earth as a jigsaw puzzle with 15
		pieces on a piece of paper or Cardboard (representing the 15 plates). They will draw
		or trace one below or their own imagination of the various continents.
		W ridāties. Com North America Juan Plate
		Pacific Plate South Plate Plate Plate America Scotia Plate Antarctica Plate Learners will paint over their world map with blue representing the oceans and label
		the ones that they know.
	10 minutes	Learners will depict the continents and land in green or a chosen color and label the ones that they know.
		Educator will then explain to the learner(s) that the jigsaw puzzle pieces drawn above represent the tectonic plates of the earth. A tectonic plate is a massive, irregularly shaped slab of solid rock, generally composed of both continental and oceanic surface. The tectonic plates are a combination of the crust and the outer mantle.
		Ask learners to come up with wanderings based on what they've learned. Some possible questions include:
		 What is the largest tectonic plate? What is the smallest tectonic plate?On what tectonic plate is your country and home found?
3		Learners will begin to understand that the earth surface is always moving and different ways that these pieces move and form earthquakes and mountains.







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		Literacy extension and check for understanding: Ask the learner to identify a mountain in their country or region or continent. Using the information learned today, can you write a short paragraph explaining how the mountain was formed?	
4	10 minutes	Ask the learner: Have you ever experienced an earthquake? If yes, what did it feel like? If not, then the learner can interview their parents or an adult at home if they have ever experienced an earthquake and ask them to explain to them what it feels like. Educator/parent will explain to the learner that some earthquakes are small, while others could be big and could destroy a house or an entire village. Today learners will try to create structures that are Earthquake resistant.	
	10 minutes 40 minutes	Learners can hypothesize, check online, or ask their parents/an adult at home about the danger and destruction a big earthquake can cause to a building or a place with weak structures. Learners will first write their hypothesis on whether shorter or taller buildings are more Earthquake resistant. Prompt: Have you ever climbed a tree? Or observed a tree shaking? When it is windy, what part of the tree shakes more? Hint: All buildings shake at the same frequency as the shaking of the Earth, but the movement is magnified as the building gets taller. Learners will make their own shake-tables to learn about strong and weak buildings through experimentation. Learners can build a paper house can from 3-cm wide strips of paper, scissors, and tape, as shown in the figure.	
		Learners can insert their hands into the base of the building and slide the building back and forth to see how the paper house sways and even collapses. Using extra sheets or paper, learners can then experiment with methods of strengthening their building by cutting out and taping paper walls, paper X shaped braces, or interior columns to their building.	
	10 minutes	Older students can try building houses of two or three stories to determine how height affects a building in an earthquake or cyclone	
	10 minutes	 Learners will use styrofoam (thermocol) as a base and construct a tower of any materials available at home such as paper or plastic cups Learners will design two towers: 	



		 The first tower will be deeply embedded into the base and have a broader base. Learners can use toothpicks, pins etc. to secure the tower into the base. The second tower will not be as embedded into the base and has a narrower base
		<i>Tip: Learners can be encouraged to experiment with different types of towers</i> Learners will try and shake the Styrofoam base to test which of the towers will not fall during an Earthquake
	10 minutes	 Critique and revision: Learners present and test the various structures developed to their parents or family members for feedback and suggestions for improvement. The parents or family members provide feedback using the following format: Praise: What did you like about the learner's work done? Question: Any questions or clarifications you have about the work? Suggestions: In what areas does the learner need to improve their work?
		Learners will reflect on what makes towers more resistant and write this down. Learners can consult the internet or their parents or an adult in their family if they are not sure of the responses.
	10 minutes	Some of the answers may include: - Reinforced walls - Stronger and deeper building foundation - Light roof
5	10 minutes	Learners will design their home emergency plan in the case of an Earthquake Ask the learners: Imagine a violent shaking of the ground for a prolonged period of time, what do you need to do to make your house safe? Learners can either check on the internet or ask their parents/adults in case they are not sure what to do in case of an earthquake.
		Possible responses: - Secure or reorganize the different household items to ensure safety - Create a family communication plan - Create an evacuation plan - Know the safe spots within each room - Hold family drills - Etc.
	20 minutes	Learners will first need to identify the potential dangers around them in times of an Earthquake. Imagine a violent shaking of the ground for a prolonged period of time, what would be hazards in their home?

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20 minutes	E.g. lo windo Learn home If an e	ose furniture etc. What an ows etc.? What items hav ers can make a list of the safer. They would draw t	nold items that are loosely attac re the items that can cause injur re wheels and might move and h items in their home and decide three columns: 1) Household ite , relocate, attach, anchor, replace d change.	y? E.g. hanging lights, nurt individuals? how to make their m, 2) Danger posed, 3
	S.No	Household Item	Hazard Posed	lf an Earthquake occurs
	1	Heavy Books on the Shelf	Heavy items can be displaced and can fall	Move the heavier items to the lower shelf
	2	Hanging Glass Chandelier	Glass can be injurious	Secure the light and move bed or table from under this light
	3	Lose Chest of Drawers	Not attached to the wall and can fall	Attaching the cabine to the wall
	are av Learn	vare of the hazards ers will now create a plan	for their family with suggested c	
	Given afters proto	-	st as long as 2 – 3 minutes and b lakes, what would learners cons	•

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10 minutes	iii)	When should learners evacuate given the potential for an aftershock? (Answer: they should seek cover until at least a full minute has passed without shaking)
	iv)	Where in your home should you be located to be safe from household items falling or injuring you? (Answer: Away from windows and other
	v)	lose or precarious items) What is the best position to stay safe from injury? How will you protect your eyes, face and critical organs of heart and lungs? (Answer: Crouch bending their heads to their knees and put both hands on the back of
	vi)	your neck) What in your home can be used as a shield to prevent injuries from shattered glass and debris? (Answer: Under a table and desk or using coats or thick blankets as a shield from glass or debris)
	Learners p preparedn for feedba provide fee Pra	nd revision: resent their understanding of earthquakes and their emergency ess plan with their families developed to their parents or family members ck and suggestions for improvement. The parents or family members edback using the following format: aise: What did you like about the learner's work done? uestion: Any questions or clarifications you have about the work? ggestions: In what areas does the learner need to improve their work?
	Reflection:	Thinking about the activities from the entire week, can you tell us:
	- Tw	ree things you have learned from all the week's activities to things you found interesting ne thing that you still have a question about
	- Understa earthquak	nding of tectonic plates and their movement and how that creates es.



Assessment	- Representation of how geographical features are formed.
Criteria:	- Designing maps and jigsaw puzzles
	- Drawing up the emergency preparedness plans

Topics/concepts	- Earth formation	
covered	 Tectonic plates and layers of the earth 	
	- Earthquakes	
	 Formation of geographical features 	
	 Drawing maps and making jigsaw puzzles 	
	 Emergency preparedness plan 	
	Critical thinking, creativity and communication skills	
Learning outcomes:	- Understand how tectonic plates and the various layers of the	
	Earth are related to earthquakes and graphical features.	
	 Learners will explore ways in which they can develop 	
	earthquake resistant structures	
	 Learners will be able to identify any risks or dangerous areas and 	
	items within their homes and come up with Develop earthquake	
	preparedness protocols for their homes.	
Required previous	Basic knowledge on the world map	
learning:		
Inspiration:	None	
Additional	EARTHQUAKE MEASUREMENT	
enrichment		
activities:	Learners will reflect on the fact that the land they stand on is moving and how	
	slowly it moves that they cannot feel it.	
	Learners will measure the impact of earthquakes by designing their own	
	Seismograph instruments. Seismographs are instruments used to record the	
	motion of the ground during an earthquake.	
	Step 1: Place the tables or desks side by side. Stack the books on top of the piece	
	of cardboard on one desk.	
	Step 2: Insert the ruler or any long thin stick between two books near the top of	
	the stack. The ruler should stick out over the adjacent desk.	
	Step 3: Hang the pencil or marker from the end of the ruler using three rubber	
	bands and the coin if needed for extra weight. The marker or pencil should	
	touch a piece of paper placed under it on the adjacent desk when the cardboard	
	is moved.	
	The first desk represents the place where the earthquake is occurring.	



A family member can make the earthquake occur by shaking the cardboard back and forth towards the second desk. The pen will move as this earthquake occurs. The second desk represents the recording station. Learners can record the earthquake by slowly pulling the paper underneath the marker while the cardboard is being shaken.
This record that the seismograph creates is called a seismogram.
Learners should simulate 3 to 5 earthquakes and then make a hypothesis on reading the seismogram. Hint: The tallest wave represents the Earthquake with the maximum intensity (or magnitude)

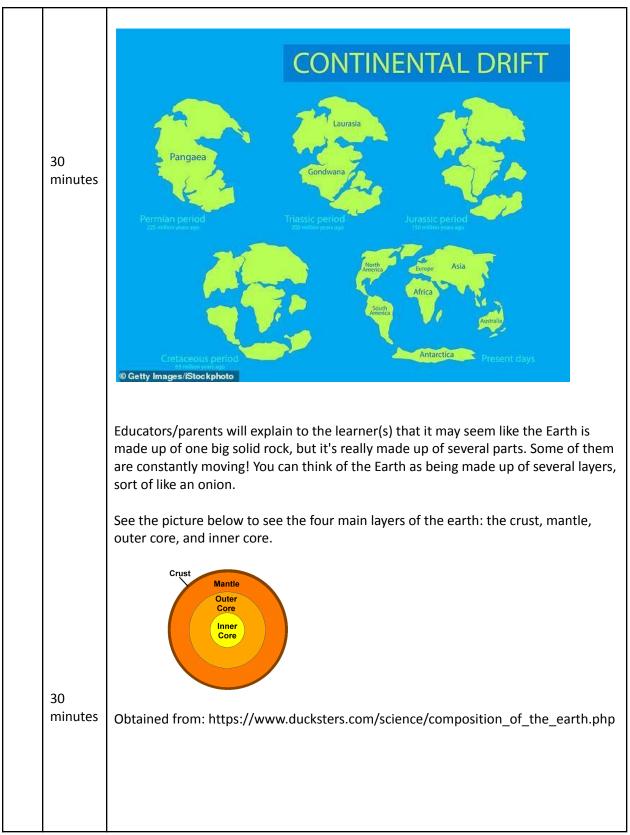


Ages 11 to 14 (Level 3)

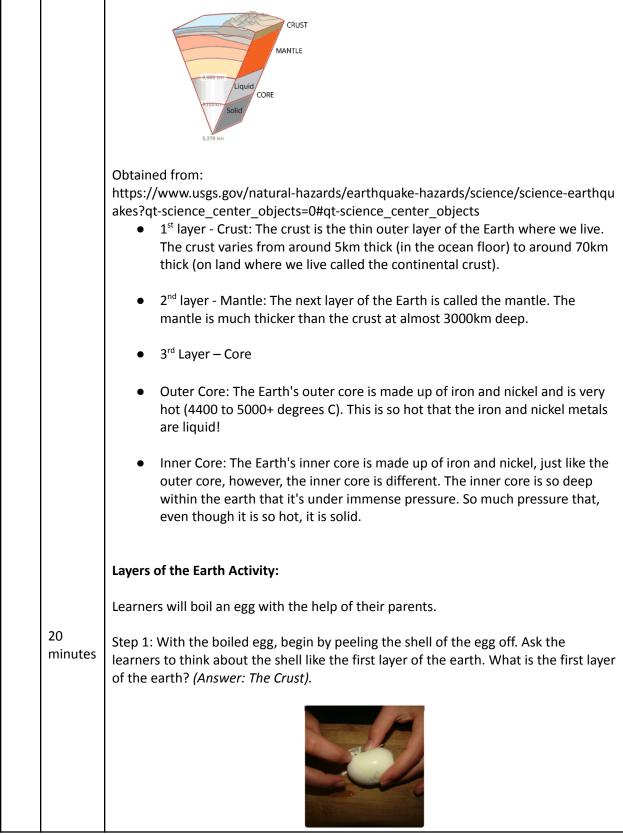
Description:	Learners will begin to understand the way the Earth is designed as tectonic plates, how mountains form, what earthquakes are and how we respond to them!	
Leading question:	How would you keep your community safe if there was an Earthquake?	
Age group:	11 - 14-year old	
Subjects:	 Social Studies Language Art and Design 	
Total time required:	5 hours total over 5 days	
Self-guided / Supervised activity:	Low supervision by parents / guardians	
Resources required:	Pens – Paper, Orange Biscuits / Clay, Tub Desks / Tables Cardboard, Scissors, Styrofoam, Glue 2 desks or tables, 1 coin, Pencil or Marker A stack of heavy books, A ruler, A piece of cardboard, 3 rubber bands, and paper Extension Materials: Vinegar, Baking Soda, Empty Plastic Bottle and a World	

Day	Time	Activity and Description
1		Learners will reflect on how they think the Earth's surface and continents formed.
	15	Learners will take pieces of biscuit, clay or any object that floats and create minor
	minutes	cracks on the surface without breaking them into pieces.
		Learners will take a tub /our /bowl of water and float the bisquit, alow or other object
		Learners will take a tub/cup/bowl of water and float the biscuit, clay or other object on a tub of water.
		Learners will observe how the pieces keep splitting into smaller pieces just like the
		Earth's crust. The parent/educator will then explain to the learner(s) that the way
		these biscuit or clay pieces split, and move is just how the Earth's supercontinent Pangaea split into the current different continents.
		rangaca spire into the current uncrent continents.
		The educator can thenshow the learners the image below demonstrating how earth
		was one big continent called Pangaea at the beginning and then it split into different
		continents.

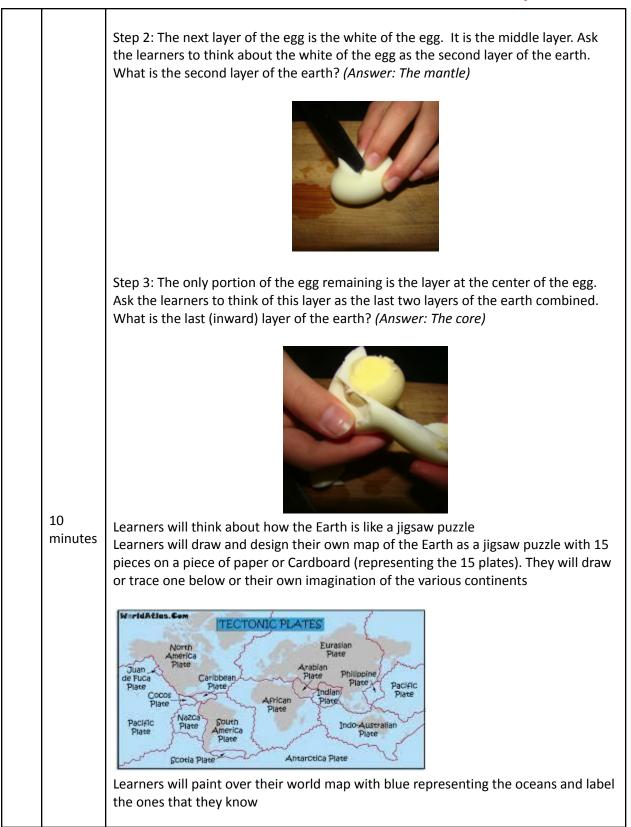




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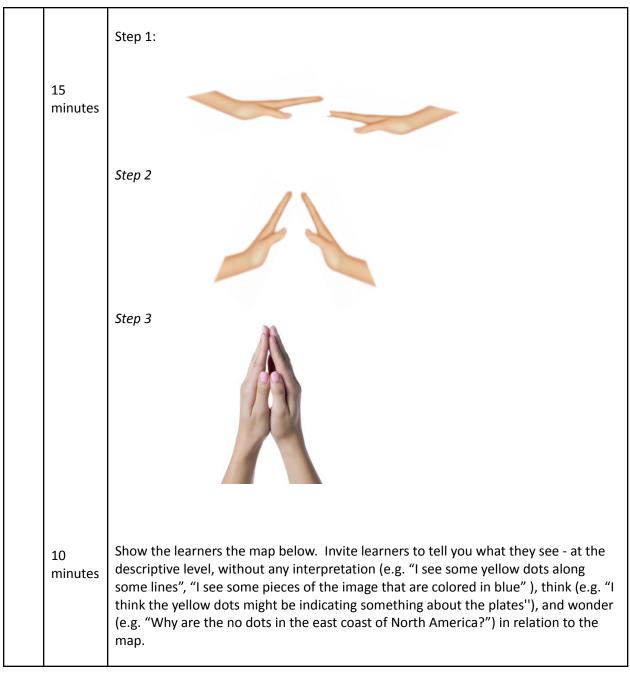
		Circle 1 and		
		Learners will depict the continents and land in green or a chosen color and label the ones that they know		
		Educator will then explain to the learner(s) that the jigsaw puzzle pieces drawn above represent the tectonic plates of the earth. A tectonic plate is a massive, irregularly shaped slab of solid rock, generally composed of both continental and oceanic surface. The tectonic plates are a combination of the crust and the outer mantle.		
		Reflection: Thinking about the activities today, can you tell us:		
		- Three things you have learned from today		
		 Two things you found interesting 		
		- Two questions that you would like to explore further		
		· · · · ·		
2	5	Ask the learner to step on the ground. Ask the learner: Do you think the ground		
	minutes	beneath our feet is moving? Can you feel it move? Let's learn about it!		
	15 minutes	Educator/parent explains to the learner that even though we cannot feel it, tectonic plates move less than 3 inches (about 17 cm) per year. These plates slide over each other to cause friction that in most cases creates Earthquakes, mountains and ridges.		
		There are three types of plate boundary movements:		
		 divergent: plates moving apart convergent: plates coming together transform: plates moving past each other 		
		See diagram below:		
		Pide Ride Pide Pide Atherosphere Divergent Convergent		
		Profese Adhenoschere Transform		
	15 minutes	Understanding the three different types of movements.		



15 minutes	Tell the learners that we are going to do some experiments to help us understand the different types of movement of the plates and the geographical features such as mountains, earthquakes and ridges Ridges are formed by divergent boundary movements.
	Plates Separate
15 minutes	 Learners will place two desks or tables with their ends touching each other - these represent two tectonic plates that are moving away from each other and the papers represent the magma underneath that will form new crust in the gap that is made by the separation of the plates Place two pieces of paper vertically into the gap between the desks. Leave just enough of the papers sticking out so that there is something to pull out Learners should slowly pull the papers out from the gap, spreading the papers apart onto the desks as they go. Make sure that both papers are pulled at the same speed Learners can use a pen to draw a stripe of color on both pieces of paper at the ridge. This stripe of color represents the new rock that is formed at the ridge. Learners can continue to pull the papers and draw more stripes in alternating colors to represent subsequent time periods. Learners should make sure each new stripe extends on both pieces of paper. The result should be a mirror-image set of colored stripes, representing how the new crust forms as an ocean floor as two plates move away from one another.

		piate piate
	10 minutes	 Learners will also understand about transformative plates that slide over each other to cause friction that in most cases creates Earthquakes Learners will place their hands-on top of each other palms facing downwards. The palm of their upper hand should be touching the back of their other hand. They will now rub their hands in this position and notice how their left hand moves to the right and right hand moves to the left. This heat created when the hands rub represents the friction created when the transformative plates slide over each other. In most cases this creates an earthquake as the crust shakes
3	15 minutes	Learners will continue exploring what happens when plates collide to understand how mountains are formed and earthquakes happen Learners will also understand convergent plates movements when the plates collide with each other and form mountains.





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		 What do you notice about the distribution of earthquakes? What do you notice about the distribution of convergent, divergent and transform plate boundary movements? Do you see any correlations or patterns? Can you think of a possible explanation for the patterns you see? 	
4	10 minutes 40 minutes	 have ever experienced an earthquake and explain to them what it feels like. Educator/parent will explain to the learner that some earthquakes are small, while others could be big and could destroy a house or an entire village. Today learners will try to create structures that are Earthquake resistant. Learners can check online or ask their parents/an adult at home on the danger and destruction a big earthquake can cause to a building or a place with weak structures. Learners will first write their hypothesis on whether shorter or taller buildings are more Earthquake resistant. Prompt: Have you ever climbed a tree? Or observed a 	

	Learners can insert their hands into the base of the building and slide the building back and forth to see how the paper house sways and even collapses. Using extra sheets or paper, learners can then experiment with methods of strengthening their building by cutting out and taping paper walls, paper X shaped braces, or interior columns to their building.
	Older students can try building houses of two or three stories to determine how height affects a building in an earthquake or cyclone
	Learners will use Styrofoam (thermocal) as a base and construct a tower of any materials available at home such as plastic or paper cups
	 Learners will design two towers: The first tower will be deeply embedded into the base and have a broader base. Learner can use a toothpick, small stick, pin or any other small sharp object to secure the tower to the base. The second tower will not be as embedded into the base and has a narrower base
	Tip: Learners can be encouraged to experiment with different types of towers
	Learners will try and shake the Styrofoam base to test which of the structures is more resistant to collapsing during an Earthquake Learners will shake the base with different levels of intensity to represent different magnitude or strength of Earthquakes
10 minutes	 Critique and revision: Learners present and test the various structures developed to their parents or family members for feedback and suggestions for improvement. The parents or family members provide feedback using the following format: Praise: What did you like about the learner's work done? Question: Any questions or clarifications you have about the work? Suggestions: In what areas does the learner need to improve their work?

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		Learne		makes structures more resistant met or their parents or an adult	
		Some	of the answers may incl		
	10 minutes		 Reinforced w. Stronger and Light roof Etc. 	alls deeper building foundation	
5	10 minutes	Learne Earthc	-	nmunity/home emergency plan i	n the case of an
		time, the inf	what do you need to do	olent shaking of the ground for a to make your house safe? Learr nts/adult in case they are not su	ners can either check on
	20 minutes	Possib	 Possible responses: Secure or reorganize the different household items to ensure safety Create a family communication plan Create an evacuation plan Know the safe spots within each room Hold family drills Etc. 		
		Eartho	Learners will first need to identify the potential dangers around them in times of an Earthquake. Imagine a violent shaking of the ground for a prolonged period of time, what would be hazards in their home?		
		Prompts: What are the household items that are loosely attached and can fall easily E.g. lose furniture etc. What are the items that can cause injury? E.g. hanging lights, windows etc.? What items have wheels and might move and hurt individuals?			ry? E.g. hanging lights,
	20 minutes				em, 2) Danger posed, 3)
		S.No	Household Item	Hazard Posed	If an Earthquake occurs
		1	Heavy Books on the Shelf	Heavy items can be displaced and can fall	Move the heavier items to the lower shelf

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					Charles I am		
			anging Glass nandelier	Glass can be injurious	Secure the light and move bed or table from under this light		
		3 Lo	ose Chest of Drawers	Not attached to the wall and can fall	Attaching the cabinet to the wall		
			ers will make a plan for each a plan for a second s	or their family with suggested c	hanges to ensure they		
			will now create a plar	n for evacuation or staying safely	v at home during an		
				t as long as 2 – 3 minutes and b	e followed by		
			•	akes, what would learners cons	•		
		protocol					
			outside the home:				
			-	rrect outdoor location? How wo			
				buildings and power lines? (And departs)	swer: Please move to		
		open land and spaces with no danger)					
		ii) Given a potential aftershock or damage at home, when do you think is the right					
		time to return to your home? (Answer: Please do stay outdoors and only re-enter home only after secured by authorities)					
	15		who are inside the h	-			
	minutes	vii)		le to evacuate the building duri	ng a quake of that		
	minutes			lo, because there is not enough			
		viii)	What would be so	me of the hazards along the way	y if we tried to leave		
				g a quake? (Answer: objects falli			
		ix)	When should learn	ners evacuate given the potentia	I for an aftershock?		
			(Answer: they sho	uld seek cover until at least a fu	ll minute has passed		
			without shaking)				
		x)	Where in your hon	ne should you be located to be s	safe from household		
			items falling or inju	uring you? (Answer: Away from	windows and other		
		lose or precarious items)					
		xi)	What is the best p	osition to stay safe from injury?	How will you protect		
			your eyes, face and	d critical organ of heart and lung	gs? (Answer: Crouch		
			bending their head	ls to their knees and put both h	ands on the back of		
			your neck)				
		xii)	What in your hom	e can be used as a shield to prev	ent injuries from		
			shattered glass and	d debris? (Answer: Under a tabl	e and desk or using		
			coats or thick blan	kets as a shield from glass or de	bris)		



	 Critique and revision: Learners present their understanding of earthquakes and their emergency preparedness plan with their families developed to their parents or family members for feedback and suggestions for improvement. The parents or family members provide feedback using the following format: Praise: What did you like about the learner's work done? Question: Any questions or clarifications you have about the work? Suggestions: In what areas does the learner need to improve their work? Reflection: Thinking about the activities from the entire week, can you tell us:
	 Three things you have learned from all the week's activities Two things you found interesting One thing that you still have a question about
Assessmer Criteria:	 - Understanding of tectonic plates and their movement and how that creates earthquakes. - Representation of how geographical features are formed. - Designing maps and jigsaw puzzles - Drawing up the emergency preparedness plans

Topics/concepts covered	 Earth formation Tectonic plates and layers of the earth Earthquakes Formation of geographical features Drawing maps and making jigsaw puzzles Emergency preparedness plan Critical thinking, creativity and communication skills
Learning outcomes:	 Learners will understand how the earth was formed and explore tectonic plates and the various layers of the Earth Learners will understand how the movement of the tectonic plates leads to the formation of geographical features

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	 Learners will explore ways in which they can develop earthquake resistant structures Learners will be able identify any risks or dangerous areas and items within their homes and come up with earthquake preparedness protocols for their homes
Required previous learning:	- Basic knowledge on the world map
Inspiration:	None
Additional enrichment activities:	 If the resources are available: Learners will now create their own volcanoes that are mountains with open holes on the top. Since under the plates of the Earth there is molten magma, this comes out in the form of lava. Learners will combine 400 ml of vinegar, 100 ml of cold water and 10 ml of dish soap in an empty bottle. In a separate cup they will fill it halfway with baking soda and halfway with water and stir it to a liquid consistency. Learners will need to be careful of the explosion and now add the baking soda liquid to the bottle. This will cause an explosion This represents the lava that comes out of volcanoes when they erupt
	EARTHQUAKE MEASUREMENT
	Learners will reflect on the fact that the land they stand on is moving and how slowly it moves that they cannot feel it.
	Learners will measure the impact of earthquakes by designing their own Seismograph instruments. Seismographs are instruments used to record the motion of the ground during an earthquake.
	Step 1: Place the tables or desks side by side. Stack the books on top of the piece of cardboard on one desk.
	Step 2: Insert the ruler or any long thin stick between two books near the top of the stack. The ruler should stick out over the adjacent desk.
	Step 3: Hang the pencil or marker from the end of the ruler using three rubber bands and the coin if needed for extra weight. The marker or pencil should touch a piece of paper placed under it on the adjacent desk when the cardboard is moved.
	The first desk represents the place where the earthquake is occurring.
	A family member can make the earthquake occur by shaking the cardboard back and forth towards the second desk. The pen will move as this earthquake occurs. The second desk represents the recording station.



Learners can record the earthquake by slowly pulling the paper underneath the marker while the cardboard is being shaken.
This record that the seismograph creates is called a seismogram.
Learners should simulate 3 to 5 earthquakes and then make a hypothesis on reading the seismogram. Hint: The tallest wave represents the Earthquake with the maximum intensity (or magnitude)