# MY VISION BOOK (AGES 11-14)

| <b>—</b> • ••              |  |  |  |  |  |  |  |
|----------------------------|--|--|--|--|--|--|--|
| Description:               | Learners will set goals to bring their vision to life and give them a sense of |  |  |  |  |  |  |
|                            | purpose, improving their confidence and building their self-esteem.            |  |  |  |  |  |  |
| Leading question:          | How do I set goals for my life and work towards achieving them?                |  |  |  |  |  |  |
| Age group:                 | 11-14 years old  |  |  |  |  |  |  |
| Subjects:                  | Social-emotional learning, Literacy, mathematics                               |  |  |  |  |  |  |
| Total time required:       | ~ 7 hours over 5 days  |  |  |  |  |  |  |
| Self-guided /              | upervised  |  |  |  |  |  |  |
| Supervised activity:       |  |  |  |  |  |  |  |
| <b>Resources required:</b> | - Notebook/ paper  |  |  |  |  |  |  |
|                            | Pencil/ pen  |  |  |  |  |  |  |
| Learning outcomes:         | Key Literacy Outcomes:   |  |  |  |  |  |  |
|                            | Identifying character traits with evidence                                     |  |  |  |  |  |  |
|                            | Comparing and contrasting using Venn diagrams                                  |  |  |  |  |  |  |
|                            | <ul> <li>Use transition words to compare and contrast</li> </ul>               |  |  |  |  |  |  |
|                            | Key Numeracy Outcomes:   |  |  |  |  |  |  |
|                            | Creating pie charts to represent data  |  |  |  |  |  |  |
|                            | Calculating simple probability   |  |  |  |  |  |  |
|                            | <ul> <li>Practising solving linear equations in one variable</li> </ul>        |  |  |  |  |  |  |
|                            | Life Skills:   |  |  |  |  |  |  |
|                            | Setting goals and tracking progress  |  |  |  |  |  |  |

#### Day 1—

Today, you will talk about your heroes then write a compare and contrast essay to identify similarities and differences between you and your hero.

| Time       | Activity and Description   |
|------------|--|
| 10 minutes | <ul> <li>Have learners think about the people in their life that they admire or really look up to. You could mention someone you personally admire to encourage them to share. Ask learners:</li> <li>Who are your heroes? Identify at least 4 heroes (2 women, 2 men) who do different things (homemaker, professional, etc.).</li> <li>Have learners draw their heroes and write their names.</li> </ul>   |
| 20 minutes | <ul> <li>Instructions for learners:</li> <li>1. For each hero, write 3 to 4 character traits you admire about them.</li> <li>Make sure to discuss what character traits means (words that describe someone's personality or qualities that make them who they are. Simply how you would describe a person to someone else, e.g., honest, generous, kind, loyal, etc.).</li> <li>2. Think of a situation where your hero demonstrated a particular trait.</li> <li>3. Think of 2 ways in which you can become more like your hero.</li> </ul> |







|            | • Have learners present their Venn diagram to their partner and to make sure                   |
|------------|--|
|            | they use at least five transition words in their presentation.                                 |
|            | <ul> <li>Have some learners present their Venn diagrams to the rest of the class.</li> </ul>   |
| 40 minutes |  |
|            | 2. Organization:   |
|            | <ul> <li>Your compare-and-contrast essay should follow a simple format of</li> </ul>           |
|            | introduction, body and conclusion:   |
|            | 1. Introduction: This is the beginning of your essay. You can use it to explain                |
|            | what your essay is about.  |
|            | 2. <b>Body:</b> This is the middle section where you dive into the topic and cover the         |
|            | main points. It can be one or two paragraphs long. (Here, you will list the                    |
|            | similarities and differences as per your Venn diagram)   |
|            | 3. <b>Conclusion:</b> This is the end, where you can summarise and wrap up your                |
|            | points.  |
|            | <ul> <li>Learners write their compare and contrast essay.</li> </ul>                           |
|            | <ul> <li>Learners exchange their essays with their partners for feedback. Use the</li> </ul>   |
|            | following prompts to give feedback:  |
|            | 1. Purpose & Supporting Details  |
|            | $\Rightarrow$ The essay compares and contrasts items clearly, points to specific examples      |
|            | to illustrate the comparison and includes only the information relevant to                     |
|            | the comparison.  |
|            | 2. Organization & Structure  |
|            | $\Rightarrow$ The essay breaks the information into appropriate sections or paragraphs         |
|            | to the ideas.  |
|            | 3. Transitions & Coherence   |
|            | $\Rightarrow$ The essay moves smoothly from one idea to the next, using comparison and         |
|            | contrast transition words to show relationships between ideas.                                 |
|            | 4. Conventions   |
|            | $\Rightarrow$ The essay shows correct grammar and usage, follows the rules for                 |
|            | punctuation and includes words that are spelled correctly                                      |
|            |  |
|            | <ul> <li>Learners read their own writing aloud to a group or the whole class, using</li> </ul> |
|            | appropriate intonation and controlling the tone and volume so that the                         |
|            | meaning is clear.  |
|            | <ul> <li>Learners make changes to their essays based on feedback from their</li> </ul>         |
|            | classmates.  |



| Time       | Activity and Description  |
|------------|---|
| 10 minutes | Creating a Vision Book  |
|            | <ul> <li>To become more like your heroes and achieve your dreams, it is important to have a vision and set goals for it.</li> <li>Discuss:</li> </ul>   |
|            | <ul> <li>⇒ What do we mean by the word "vision"? (Discuss how vision also means "the state of being able to see" and how it's connected to the meaning mentioned below)</li> <li>⇒ Why is it important to have a vision?</li> <li>A vision is an idea in your imagination that you have a desire to make real; it's a clear picture of what you hope the future will look like. Having a vision helps us discover and work towards our dream life. It also leads to satisfaction and a sense of meaning and purpose in life. Every vision has goals.</li> </ul> |
| 35 minutes | <ul> <li>To help us discover and work towards our vision, today you will start making a <i>Vision Book</i> (using a notebook or by stacking pieces of paper together), which represents your long-term goals, dreams, and action plan to achieve the life that you want. Every day, we will have different activities and you will be adding more things to your vision book.</li> <li>My Personal Vision</li> </ul>  |
|            | <ul> <li>Present the following questions and ask every learner to work with a partner<br/>to discuss the questions and write their responses in their vision books. Tell<br/>them they can add drawings, pictures, etc.</li> </ul>  |
|            | <ul> <li>The following questions will help you brainstorm ideas about your vision:</li> <li>⇒ Name 3 activities that you enjoy doing and want to continue doing throughout your life. Share the reason too.</li> </ul>  |
|            | ⇒ Describe in detail two places where you feel safe, happy, and relaxed. How can you access these places in your life?  |
|            | $\Rightarrow$ What is your dream job or career?   |
|            | $\Rightarrow \text{ What kind of home life would you like to have?}$  |
|            | <ul> <li>⇒ What are 3 values you want to live by?</li> <li>⇒ If you could travel anywhere, where would you like to go?</li> </ul>   |
|            | $\Rightarrow$ What kind of friends do you want to have?   |
|            | $\Rightarrow$ What would you like to do that you haven't done yet?  |
|            | $\Rightarrow$ What kind of difference do you want to make in this world?  |
|            | $\Rightarrow$ What are some new skills or habits you want to develop?   |
|            | (You can provide further clarification for specific questions, if needed)   |
|            | • Following their discussion with their partners, learners summarize their vision in 4-5 lines.   |



|            | • Have learners finalize this project at home if they would like to add more pictures or drawings and be ready to share their vision books with the rest of their classmates.  |
|------------|--|
| 30 minutes | <ul> <li>My Day in the Future (Creating a Pie Chart)</li> <li>Tell learners that to achieve our vision, we need to work towards it every day.</li> <li>Have learners close their eyes and envision their ideal day. Tell them: From the time you wake up in the morning to the time you go back to sleep, what are some activities that you would do to lead a happy and healthy life?</li> <li>You will now create a pie chart to represent your ideal day.</li> <li>Make sure learners know what a pie chart is and what it is used for (it is a circular graph that is divided into sections that are proportional to the data they represent. It helps in interpreting and representing the data clearly in a visual manner).</li> <li> <b>Use State Use State Use State State</b></li></ul> |



|            |  |                      |                              | The % of the circle covered in the pie chart. | The angle of each<br>sector in the pie<br>chart. |  |  |
|------------|--|----------------------|------------------------------|---|--|--|--|
|            | Activity   | Time Spent           | Fraction                     | Percentage                                    | Angle degree                                     |  |  |
|            | Sleeping   | 8 hours out<br>of 24 | $\frac{8}{24} = \frac{1}{3}$ | $\frac{1}{3}$ x 100 = 33.3%                   | $\frac{1}{3}$ x 360° = 120°                      |  |  |
| 15 minutes | <ul> <li>Learners can also add drawings to their pie chart and use colours and symbols and provide a key to name the different activities. They can also draw it in a 24-hour circle format to show the sequence of activities.</li> <li>Learners can present their pie chart to their partners and discuss:</li> <li>What they liked about the chart.</li> <li>What could be better.</li> <li>What similarities and differences they observe between their charts.</li> <li>Have learners present their perfect day to their peers and mention the time of each activity in the 24-hour format. (Eg: from 14:30 pm to 16:00 pm, I will play badminton.)</li> <li>While presenting, have learners ask each other questions about the activities</li> </ul> |                      |                              |   |  |  |  |
|            | they already do and the ones they aspire to start doing this year and how to<br>ensure they commit.  |                      |                              |   |  |  |  |
|            | <ul> <li>Examples of questions that could be asked:</li> <li>How much of the daily activities are you already doing?</li> </ul>  |                      |                              |   |  |  |  |
|            | <ul> <li>Which ones would you want to start doing this year?</li> <li>How cap you oncure that you start doing that? What stops will you take?</li> </ul>   |                      |                              |   |  |  |  |
| 20 minutes | How can you ensure that you start doing that? What steps will you take?     Reading Comprehension  |                      |                              |   |  |  |  |
|            |  |                      | ckpit and                    | talk about dreams                             | and aspirations, and                             |  |  |
|            | what tools you ne  |                      |                              |   |  |  |  |
|            |  | <u>/er.org.in/st</u> | ories/121                    | 80-arya-in-the-cocl                           | <mark>kpit</mark> or find it in the              |  |  |
|            | appendix.  |                      |                              |   |  |  |  |

### Day 3 -

Today, you will learn about how to create smart goals and make a puzzle to challenge your classmates!

| Time Activity and Description |      |                          |
|-------------------------------|------|--------------------------|
|                               | Time | Activity and Description |



| 20 minutes  | Writing  | SMART go   | als                                |               |             |           |             |   |  |  |
|---|--|--|------------------------------------|---------------|-------------|-----------|-------------|---|--|--|
|   | <ul> <li>Tell</li> </ul>   | Tell learners that to achieve their goals, it  |                                    |               |             |           |             |   |  |  |
|   | helps to write them down and think of ways   |  |                                    |               |             |           |             | - 1   |  |  |
|   | to a   | iccomplish   | n them.                            |               |             | $\cup$    |             |   |  |  |
|   | ● Hav  |  |                                    |               |             |           |             | will you be able to see that you            |  |  |
|   | boc  | oks, <b>a shor</b>   | t-term goal                        | l (somethin   | g they      |           |             | are making progress?                        |  |  |
|   | war  | nt to achie  | eve this mon                       | nth for exai  | nple)       |           | $\bigcap$   |   |  |  |
|   | and  | 2 long-te  | <b>rm goals</b> th                 | ey would l    | ike to      | 1 TTAIN   |             | a goal that you think<br>an actually reach? |  |  |
|   |  | -  | nis year that                      | : will help t | hem get     |           | _           |   |  |  |
|   |  | er to thei   |                                    |               |             |           |             | V   |  |  |
|   |  | =  | vrite down t                       | -             |             | ELEVA     | IS THIS SO  | wething that's important                    |  |  |
|   |  |  | if they know                       |               |             |           | $\sqrt{-}$  | o you right now?                            |  |  |
|   | -  |  | fic, measura                       |               |             | ME-B      | OUND        | you think you'll be able to                 |  |  |
|   |  |  | e-bound/ tir                       |               | , discuss   |           |             | each your goal?                             |  |  |
|   |  | -  | ed to be SM<br>k <b>the follow</b> |               |             |           |             | V   |  |  |
|   | • 100  | i coulu asi  |                                    | ing questi    | 5115.       |           |             |   |  |  |
|   | <ul> <li>What is specific vs vague?</li> </ul>   |  |                                    |               |             |           |             |   |  |  |
|   | <ul> <li>What is specific vs vague?</li> <li>What is measurable vs non measurable?</li> </ul>                                    |  |                                    |               |             |           |             |   |  |  |
|   | <ul> <li>What is measurable vs non measurable?</li> <li>What does attainable mean? Will this be too hard or too easy?</li> </ul> |  |                                    |               |             |           |             |   |  |  |
|   | •  |  | elevant? Is                        |               |             |           |             | -   |  |  |
|   | •  | What is <b>t</b>   | imely?                             |               |             |           |             |   |  |  |
| 15 minutes  |  |  |                                    |               |             |           |             |   |  |  |
|   |  |  |                                    | owing goals   | s and ask t | hem if th | ney think t | hese goals are                              |  |  |
|   | S  |  | ot and why:                        |               |             |           |             |   |  |  |
|   | •  |  | become a b                         | •             | •           |           |             |   |  |  |
|   | •  | <ul> <li>I will be a more confident public speaker in one month by practising in<br/>front of a mirror and my family.</li> </ul> |                                    |               |             |           |             |   |  |  |
|   | nont of a mirror and my family.  |  |                                    |               |             |           |             |   |  |  |
|   | <ul> <li>Have each learner exchange their 3 goals with a partner.</li> </ul>   |  |                                    |               |             |           |             |   |  |  |
|   | <ul> <li>Have learners rate the goal for each parameter out of the allotted points in the</li> </ul>                             |  |                                    |               |             |           |             |   |  |  |
|   | table below, calculate the average SMART score and give feedback to their  |  |                                    |               |             |           |             |   |  |  |
| classmates.<br>2 points 3 points 5 points 2 points 3 points |  |  |                                    |               |             |           |             |   |  |  |
|   |  |  |                                    |               |             | 3 points  |             |   |  |  |
|   | Goal   | Specific   | Measurable                         | Attainable    | Relevant    | Time      | Total       |   |  |  |
|   |  |  |                                    |               |             | Bound     | (out of 15) |   |  |  |
|   | Goal 1   |  |                                    |               |             |           |             |   |  |  |
|   | Goal 2   |  |                                    |               |             |           |             |   |  |  |
|   | Goal 3   |  |                                    |               |             |           |             |   |  |  |
| 30 minutes  | Goal Puz   |  |                                    | 1             |             |           |             |   |  |  |
| 50 minutes  |  |  | arners:                            |               |             |           |             |   |  |  |
|   | Instructions for learners:   |  |                                    |               |             |           |             |   |  |  |



| <ul> <li>Draw a picture of a goal you want to accomplish this year.</li> <li>Once the drawing is complete, turn the page and draw blank jigsaw puzzles pieces. You can make it as easy or difficult as you like!</li> <li>Then, cut out the puzzles.</li> <li>Exchange your puzzles with a partner and try to piece the whole drawing together!</li> <li>Try and guess your partner's goal!</li> <li>Try setting a challenge for building a puzzle, for example, to build it without touching the puzzle piece directly or the one who guesses sooner wins.</li> </ul> |
|--|
|  |
| <ul> <li>Discuss with your partner:</li> <li>What goal did you draw in your puzzle?</li> <li>Why is this goal important to you?</li> </ul>   |

# Day 4 -

Today, you will create habits to help you achieve your goals.

| Time       | Activity and Description  |
|------------|---|
| 30 minutes | <ul> <li>Achieving goals/ Creating habits <ul> <li>Have learners share some of the goals they wrote in their vision books.</li> <li>Tell learners that for each of the 3 goals they want to accomplish this year, they need to list 2 simple habits they want to develop to achieve this goal.</li> <li>Here is an example:</li> <li>GOAL: I want to improve my English reading skills by reading one book every month.</li> <li>HABIT: To accomplish this, I will: <ol> <li>Read 10-15 pages a day.</li> <li>Write a summary of every chapter I finish and challenge myself to use the new wordsl learnt.</li> </ol> </li> </ul></li></ul> |



| 30 minutes | <ul> <li>GOAL: I want to run a mile in under 10 minutes in P.E. during our end-of-semester exam.</li> <li>HABIT: I will do this by:         <ol> <li>practicing running a mile each week.</li> <li>Eat protein with every meal.</li> </ol> </li> <li>Have learners share what they wrote with a friend and collect feedback from them to make their goals realistic and achievable. Once finalized, learners need to add the above to the respective pages in their Vision Book</li> <li>Habit Tracker:         <ol> <li>Learners discuss how they would be able to track progress of their goals an habits.</li> </ol> </li> </ul> |   |   |  |  |   |  | ck<br>,<br>Book.                                      |                              |            |
|------------|---|---|---|--|--|---|--|---|------------------------------|------------|
|            | Share with  | learners the <b>Ha</b><br>anges to it as tl |   |  |  | and te  | ll then  | n they  | could                        | use it     |
|            | Ha  | -   | Day<br>1  | Day<br>2   | Day  | Day<br>4  | Day<br>5   | Day<br>6  | Day<br>7                     | ]          |
|            |   |   | -   | -  |  | -   |  |   | -                            | -          |
|            |   |   |   |  |  |   |  |   |                              | -          |
|            |   |   |   |  |  |   |  |   |                              | -          |
|            |   |   |   |  |  |   |  |   | _                            |            |
|            | <ul> <li>Learners ex</li> <li>Tell learner<br/>you believe<br/>them to co</li> </ul>  | Ils this week ba<br>ntage.                  | acker<br>vit and<br>vill cor<br>ased co<br>vits, in<br>t they<br>sed or | with a<br>each<br>mmit a<br>on whe<br>order<br>need<br>n their | a partne<br>day in t<br>and a<br><i>ether th</i><br><i>to reac</i><br>to calco<br>partne | er.<br>the up<br>f you<br><i>bey obs</i><br>th their<br>ulate t | coming<br>think<br><i>erve t</i><br><i>goals</i><br>he pro | g weel<br>it is ur<br><i>heir po</i><br>.)<br>babilit | ilikely<br>ortner<br>y of th | for<br>nem |
|            | <ul> <li>Explain the rationale behind your inputs to your partner.</li> <li>If the pattern continues, do you think it is likely or unlikely for you to achieve your goal within the desired time?</li> </ul>  |   |   |  |  |   |  |   |                              |            |
|            | •   | ık our motivatio<br>ve do in such si        |   |  | -  |   |  | h time  | ?                            |            |



## Day 5-

Today, you will identify challenges and ways to overcome them then present your Vision Book to your friends and family!

| Time  | Activity and Description   |  |  |  |  |  |  |  |  |
|---|--|--|--|--|--|--|--|--|--|
| 30 minutes  | • Sometimes, while working towards a goal, we may come across challenges. It   |  |  |  |  |  |  |  |  |
|   | is important to plan ahead to ensure that you are on track despite challenges.   |  |  |  |  |  |  |  |  |
|   | • <b>Discuss</b> how you can overcome challenges and achieve your goals, e.g.,   |  |  |  |  |  |  |  |  |
| ⇒ Identify potential obstacles. You can use the WOOP Technique. |  |  |  |  |  |  |  |  |  |
|   | W O O P  |  |  |  |  |  |  |  |  |
|   | WISH OUTCOME OBSTACLE PLAN   |  |  |  |  |  |  |  |  |
|   | Which goal<br>do you want<br>to achieve?How will you<br>know when<br>you have<br>achieved it?What are<br>your main<br>challenges?How can you<br>overcome the<br>challenges?  |  |  |  |  |  |  |  |  |
|   | <ul> <li>⇒ Next to each goal, think about when you will have achieved it and of all the reasons you could fail, write them down then ask yourself how you can overcome each challenge.</li> <li>⇒ Remember that you can always seek advice when you feel stuck.</li> <li>⇒ Keep a positive mindset!</li> <li>Note this plan down in the respective pages of your Vision Book for each goal.</li> <li>To ensure that you work on your goals daily, you could ask family members or friends to motivate, challenge and brainstorm ideas with you to help you achieve your goals.</li> <li>You could use the following table to assign the following different roles to your family members or friends: (you could add more roles)</li> </ul> |  |  |  |  |  |  |  |  |
|   | Name Role What they should do  |  |  |  |  |  |  |  |  |
|   | Motivator         On days you feel like giving up, they  |  |  |  |  |  |  |  |  |
|   | encourage you towards your goal.   |  |  |  |  |  |  |  |  |
|   | Challenger       They track your progress and hold you         accountable when you do not perform.  |  |  |  |  |  |  |  |  |
|   | Ideas     They brainstorm new ways in which<br>you can be consistent in your efforts.  |  |  |  |  |  |  |  |  |
|   | <ul> <li>Add a cover page and decorate your Vision Book.</li> <li>Give you Vision Book a name!</li> </ul>  |  |  |  |  |  |  |  |  |
| 15 minutes  | Quotes   |  |  |  |  |  |  |  |  |



|            | • Quotes can inspire us to keep moving forward when we feel low. They can remind us of why we started in the first place. Example:  |  |  |
|------------|---|--|--|
|            | "It is better to aim high and miss than to never aim at all" -Unknown<br>"I always wanted to be somebody, but I see now I should have been more<br>specific."-Lily Tomlin<br>"Action may not always bring happiness: but there is no happiness without<br>action" -Henry Van Dyke<br>"Our goals can only be reached through a vehicle of plan in which we must<br>frequently believe, and upon which we must vigorously act. There is no other<br>road to success." -Steven Brennan |  |  |
|            | IN A<br>WORLD<br>WHERE YOU CAN<br>ANYTHING<br>BE<br>KIND<br>WERE YOU CAN<br>ATTITUDE<br>DETERMINES<br>YOUR<br>DIRECTION<br>DIRECTION<br>NO ONE IS<br>PERFECT<br>THAT'S WHY<br>PROOF<br>THAT YOU ARE<br>TRYING   |  |  |
|            | • Discuss:  |  |  |
|            | - Which quote is your favourite?  |  |  |
|            | - Why is it your favourite?   |  |  |
|            | - Do you know who said it?  |  |  |
|            | • Come up with your own quote to motivate yourself to achieve your goals.   |  |  |
|            | <ul> <li>Write the quote down and draw it in your Vision Book.</li> </ul>   |  |  |
| 30 minutes | ent your Vision Book!   |  |  |
|            | Invite family and friends to present the different parts of your Vision Book then show them how to make their own Vision Book!  |  |  |
| 15 minutes | Reflection:   |  |  |
|            | This is your time to reflect on what we have learned and done during the past few   |  |  |
|            | <ul><li>days. Use the following questions as a guide for your response:</li><li>Which part was the most interesting?</li></ul>  |  |  |
|            | - Which part was the most challenging or difficult?   |  |  |
|            | <ul> <li>What are some of the questions that popped into your head, and you are still</li> </ul>  |  |  |
|            | thinking about and would like to explore?   |  |  |
|            | <ul> <li>How do you plan to use what you have learned?</li> </ul>   |  |  |



| Additional               | - Purpose Mind Map: Use this mind map to increase learners' sense of   |
|--------------------------|--|
| enrichment               | purpose.   |
| activities:              | What do I       care about?       Passion       My purpose       How do       1 spend       my time?       Vocation       different? |
|                          | https://www.greatschools.org/gk/articles/how-to-help-a-child-find-their-   |
|                          | purpose/   |
| <b>Modifications for</b> |  |
| simplification           | - If the learner is unable to write, then encourage them to draw or share  |
|                          | verbally.  |



Appendix Arya in the Cockpit







Level 4

# Arya in the Cockpit Author: Nandita Jayaraj Illustrator: Upamanyu Bhattacharyya



Arya always wanted to fly.





When she was four years old, she wanted to be Rosamma.

Arya saw her at the circus. Rosamma was a trapeze artist.

Arya wanted to fly in the air from swing to swing. Her clothes would glitter like Rosamma's. Hundreds of people would clap for her.

She would eat cotton candy every day. Her best friend would be a clown.

Trapeze artists climb a tall ladder, stand on a narrow board, hold the fly bar, and swing! Another trapeze artist is usually waiting to catch them on the other side.





When Arya was eight years old she wanted to be Kalpana Chawla.

She made herself an orange space suit. She wore it day and night.

"Arya, aren't you feeling hot in that suit?"

"Astronauts have to get used to the suit, Amma. Space is not as safe as Earth is. My suit will protect me."

Kalpana Chawla grew up in Haryana, India. As an astronaut, Kalpana flew around the earth 252 times! Kalpana died doing her job when the spacecraft she was inside broke apart while returning to Earth.





When Arya was twelve years old, she wanted to be Amelia Earhart.

She built a model plane for her school project. It couldn't fly, but she still got the second prize.

Arya even got a haircut like Amelia!

Amelia was the first woman to fly across the Atlantic Ocean alone. Amelia's dream was to fly around the world along the equator. She took off on her dream flight but went missing somewhere above the Pacific.





Soon, Arya heard of Angulia Bai, Kumudammal and Sarla Thakral, the first Indian women to fly a plane.

Angulia Bai was just sixteen years old!

"I can't wait till I'm a teenager!" "So you can drive?" "No." "So you can vote?" "No." "Then what?" "So I can fly."

On 30 May, 1935, nineteen-year-old Kummudammal and sixteenyear-old Angulia Bai became the first women to obtain the 'A' pilot licence in India. They trained at the Madras Flying Club.





When Arya was eighteen years old, she wanted to become a fighter pilot.

"Who are they, Chechi?" asked her little brother Raju, seeing a poster on her wall.

"They are Bhawana, Avani and Mohana, the first women to fly fighter planes in India."

"Are they your friends?"

Arya laughed. "Maybe some day, Raju..."

Mohana, Bhawana and Avani are fighter pilots. Before them, only men were allowed to become fighter pilots in India. They protect the country's borders from high up in the air. During disasters like floods and earthquakes, they take part in rescue missions.



Arya saved up money to attend flying school.

She spent years studying. She sat along with pilots to learn from them. She worked hard and ate a lot of carrots! Amma always said carrots are great for the eyes.



Finally, she is ready to sit at the cockpit herself.

Today is a special day for Arya. That's her in the cockpit. She's very excited because there are two special passengers on her plane this morning.





"Ladies and gentlemen, this is your Captain, Arya. Welcome aboard!"

"Chechi!" "That's my daughter!"

Click here to read Raju's version of the story.