

GREEN GUARDIANS: CULTIVATE, CARE AND SELL (LEVEL 3)

Description	Learners will explore the steps followed in cultivating crops and growing
Description	their own plants. They will then design an irrigation/ agricultural tool.
	Finally, they will set up a farmer's market in which they will sell their
	produce and the irrigation/ agricultural tool that they designed.
Leading question	Can you cultivate and sell your own crops?
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Subjects covered	Science, Art and Design, English, Math
Total time required	40-60 minutes a day for 5 days
Resources required	Seeds of different varieties, sticks to dig holes, gloves, forks or
	sticks/wooden or metal rulers, pots and troughs, sprouted seeds, fertilisers,
	soil, colour pen/pencil, paper
	Note: A week before the start of the project, please sprout some seeds that
	germinate easily and in less time like wheat, mustard, pulses like moong and
	chana, or fenugreek. These sprouted seeds/seedlings will be planted by
	students on Day 2.
Learning outcomes:	By the end of this project, learners will be able to:
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	Knowledge-Based Outcomes:
	Describe sowing and transplantation as two planting techniques
	and use them to grow their own crops
	Design and create irrigation models suitable for small gardens or potted plants.
	3. Explain the concept of profit and price their products with a
	predecided profit margin.
	21 st Century Skill Outcomes:
	1. Think critically while analysing suitable methods of planting and
	designing their irrigation tools.
	2. Communicate their ideas effectively using drawings and while
	briefing potential customers at their stalls.
	3. Collaborate with peers or adults to receive feedback.
	4. Work creatively to design an irrigation tool and set up a farmer's
	market.
Previous Learning	None
Supervision required	Medium

Day 1 -

Today, you will learn about how much water we use in our daily lives.

Time	Activity and Description



10 minutes Farm to Table Let's begin by finding out what you already know about farming. If food has to reach from the farm to the table, what do you think are the steps followed by farmers to cultivate them? List down the steps in your notebook. (Farm to Table Journey: 1. <u>Preparing the soil</u>: Farmers prepare the soil by carefully turning it over, ensuring it is adequately aerated and loosened. 2. Sowing the seeds: They sow the seeds into the prepared soil. 3. <u>Taking care of the plants</u>: Farmers diligently tend to the crops by giving water and providing necessary care. 4. Harvesting and Selling: Once the crops are harvested, they are sold in the market. Consumers buy these products from the market, thus completing the journey of food from the farms to our tables.) **Note:** Ask learners to share, applaud them for the correct steps they mention and allow them to self-correct using questions as prompts. For example, if a learner says step 3 before step 2, you can ask questions such as what will they take care of? Have they grown anything yet? etc. List the headings of the four steps on the board as learners arrive at these steps. Now that we know the process of farming, we will use the next few days to implement the steps we discussed so that we can then assess if we could succeed as farmers or not. 20 minutes The 'What-if' Game **Note:** If possible, take the learners out to the garden area to conduct this activity. If learners cannot access a garden area, instruct them to imagine and list or draw the steps they would follow to sow the seeds. Let's play a game to find out how we will carry out these four steps as part of this Let's play a game called 'What-if'. In this game, you have to think 'what-if' you were a farmer, what would you do? **Note:** Give each learner a few seeds (wheat, mustard, beans, gram, etc.) and sticks to dig holes. Ask them to imagine that they are a farmer. How will you plant the seeds? Try doing it and list the steps that you followed. What steps did you follow? (Invite a few responses from the learners. Expected Response: 1. We dug holes in the soil. 2. We sowed the seeds. 3. We covered the seeds with soil.) The method you used is one way of planting seeds. This method is called direct In this project, you will be exploring another method of growing plants known as transplantation. After you have sown the seeds, what would you do to take care of the plants?

etc.)

(Water the plants regularly, add manure and fertilisers, remove weeds and pests,



- One of the important ways to take care of plants is by watering them regularly. We will be designing a tool to water the plants as part of this project.
- Now, imagine you have harvested the crops, what will you do next?
- You will sell your produce. We will do something similar in this project. You will organise a farmer's market where you will sell the crop you have grown and the model of the irrigation tool you designed. You will invite your friends and family members to come to the market and buy your products using play money.
- Before we go further, let's first think of a theme for the farmer's market that you will organise.

10 minutes

The Theme for the Farmer's Market

You will organise a farmer's market to sell the plants you grow and the irrigation tools you make.

- Think of a theme you would like to use for the farmer's market.
- A theme is a central idea around which you can design your stall in the farmer's market.
- You can decide the theme based on the plants you will be growing.

Tip: Give some thinking questions to help learners arrive at the theme. For example:

- what are the uses of the plants that you are going to?
- Can you create a recipe using the plants you grow?
- Do your plants have any health benefits?

Get learners to grow seeds that germinate quickly (such as mustard, wheat or green gram) and let them know which seeds they will grow so that they can decide on the theme based on this information.

At-home activities

- Think of ways you can show the theme of the farmer's market in your stall. Note down your ideas in your notebook.
- Get a pair of gloves for the next class for the planting exercise. Alternatively, create gloves using the following steps at home and bring them to the next class:



Step 1: Take a garbage bag or dustbin cover.



Step 2: Trace the outline of your hand on the garbage bag using a sketch pen/marker.



Step 3: Draw an outline around the traced hand print.







Step 4: Use a heated knife to cut along the outline. Step 5: Your garden gloves are ready to use.

Reference link to understand the steps to create garden gloves: https://www.voutube.com/watch?v=YEDh1zuWBkk

Day 2
Today, you will plant the seeds using direct sowing and transplantation, and learn about irrigation.

Time	Activity and Description
10 minutes	Introduction to the Two Planting Techniques
	Today, you will be planting the seeds using two different techniques – direct sowing and
	transplantation.
	 Direct sowing is a method used by farmers to sow the seeds directly in the field. The activity we did in the last class in which you made holes and planted the seeds is an example of direct sowing. This method of direct sowing is known as drilling. Farmers use another method of direct sowing known as broadcasting. In this method, they scatter the seeds using their hands or machines.
	The Broadcasting Method A Seed Drilling Machine
	- Transplantation is a method of growing plants in which instead of sowing seeds directly, some crops are first grown as seedlings and then transplanted into the field. This method is commonly used for crops like tomatoes, peppers, cabbage, and lettuce. Seedlings are grown in nurseries or greenhouses and later transferred to the farm once they have reached a certain size or maturity.
15 minutes	Planting Exercise
	Today, you will be doing the planting exercise.
	Note:
	- In the case of more than one learner, have one learner use the direct sowing method
	and the other transplantation. In the case of one learner, give them to choice to pick
	one to do in class and the other at home.



- Take the learners to the planting area. Arrange pots for learners who will be using the direct sowing method and troughs for learners who will be transplanting. Give each group some soil and fertilizer.

Prepare the soil for planting. To prepare the soil, use the tool/stick/ruler to turn over the soil and mix fertilizer in the soil. Wear your gloves before you start preparing the soil.

- Put this soil mixture in the pots or troughs.
- Since we have to grow plants from seeds, we will use sprouted seeds so that your plants can grow faster.

Note: Give learners a few sprouted seeds. You can choose seeds that sprout easily within a couple of days and sprout them a week in advance. Some examples of such seeds are mustard, fenugreek, wheat, and pulses like moong or chana.

Examine the sprouted seeds for any visible signs of damage, discolouration, or mould. Good quality sprout seeds are usually well-formed and free from any signs of deterioration.

- Separate good quality sprouted seeds from the damaged ones.
- Now, dig holes and sow the good quality sprouted seeds in the pot/ trough. Those
 who have sowed the seeds directly will plant them in a pot, while the others who
 have to transplant the seeds will plant them in a trough.
- Make sure you do not plant the seeds too deep into the soil because then it will not sprout. The sprouts would have rootlets growing out. Keep them below the soil. Allow only a thin layer of soil to be above the seeds. Also, remember to plant the sprouted seeds a little away from each other. Do not plant all the seeds in one place in the pot/trough.
- Once you have sown the seeds, water the pot or trough.
- Now, clean up the workspace and your tools. Keep everything back in its proper place.

Tip: Depending on how fast the learners can understand and implement instructions, you may choose to provide pre-mixed soil (soil mixed with fertilisers) in pots/troughs and focus only on the planting aspect.

10 minutes

Watering the Plants

Can plants grow without water? (*No, they need water, air, sunlight, and healthy soil to grow.*)

- We know that water is one of the essential requirements for plants to grow. But do all plants need the same amount of water?
- What happens when you give more or less water than what the plant needs? Let's find out
- Look at these pictures and identify which one is underwatered, overwatered, and appropriately watered.

Note: If learners are unable to observe the picture, describe each plant and explain.









	Plant A	Plant B	Plant C
	 Plant B is appropriately nor wilted or burnt. 	d as it has wilted, yellow leav watered as it has upright lea as the tips of the leaves look	eves that are neither yellowing
	Tip: If your learners have difficu underwatering the plants, pleas under-watered. For advanced leamount of water absorbed by d	e show them real plants that arners, you may also discuss	t have been over or
5 minutes	Introduction to Irrigation		
	Just like you water the pots or t	roughs, farmers also water tl	heir fields. The process of
	watering plants on farms to ens	ure good yield is called irriga	ation.
	There are different methods of	_	-
	create simple irrigation models		
	Remember, your models will be	a part of the final presentat	ion!
Optional	Nurturing Myself		
Literacy	·		ts to nurture themselves, we
Activities	1	ironment to grow and develo	•
			nurture yourself and grow into d, clothes, and shelter, but also a
	healthy environment th		d, clothes, and shelter, but also a
	·	idelines while writing the pa	ragraph:
			, a main body, and a conclusion.
		raph that has around 6-8 ser	-
		•	at your paragraph has a smooth
	flow.		
	- Proofread your	work for grammar, punctuat	ion, and spelling mistakes.
	Tips: If your learners struggle w	ith writing, give them senten	nce starters for the introduction,
	main body, and conclusion. For		passage in which the learners
	need to fill in a few blanks to co	mplete their paragraph.	

Day 3 -

Today, you will design an irrigation tool and finalise the materials required to create a model of the tool. You will also start your preparation for the farmer's market.

Time	Activity and Description
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5 minutes	Decay and Deflection Time
5 minutes	Recap and Reflection Time
	Guide learners to recap what they did in the last class, and reflect on their experience. Use the
	following questions for recap and reflection: - What did we do in the last class?
	- What did you find the most interesting?
45	- Which planting method do you think will yield better results? Why?
15 minutes	Designing the Irrigation Tool
	Think about ideas for the design of the irrigation tool you would like to create. As you do that,
	remember that your tool should fulfil the following criteria:
	- It can be used to water potted plants or a small garden.
	- It should cause minimum wastage of water.
	- It should be made using materials easily available in the learner's environment.
	Once you have your ideas in place, draw what the tool would look like on a sheet of paper.
	Note: After drawing, ask learners to list the materials they would need to create the model in
	the next class. Remind them that the materials should be easily available in their environment.
	For example, materials they can use could be pipes, bottles, etc.
	Tip: If your learners struggle with creating the design of the irrigation tool, you may give some
	ideas such as using shoe strings for drip irrigation, or using a plastic bottle with holes for
	sprinkling water, etc. Helping learners with some prompts will enable them to understand
	their expectations from them.
10 minutes	Feedback
	Share your design with a peer/adult and receive feedback on the following:
	- What did you like about the design?
	- Will the design be useful to water potted plants or a small garden?
	- Does the design ensure minimum wastage of water?
	- Does the design use materials that are easily available to them?
	- What can be made better?
	Make note of the feedback and make any necessary changes to the design or materials
	required.
10 minutes	Preparation for the Farmer's Market
	Take out your notebook where you had written the ideas to represent the theme of the
	farmer's market in your stall.
	- Decide what materials you would need to put up your stall. Make sure you use things
	easily available in the environment.
	- In the next class, you will be creating the model of the irrigation tool and setting up
	your stall for the farmer's market.
At-home	- Complete the design of your irrigation tools.
activities	- Please bring the necessary materials for building the model of the irrigation tool and
	setting up your stall at the farmer's market to the next class.

Day 4 -



Today, you will create a model of the irrigation tool and decide the pricing of the products (crops and irrigation tools). You will also set up your stalls for presentation in the next class.

Time	Activity and Description
15 minutes	Model of the Irrigation Tool
	Create a model of the irrigation tool you designed in the last class. Remember, your
	irrigation tool must fulfil the following criteria:
	- It can be used to water potted plants or a small garden.
	- It should cause minimum wastage of water.
	- It should be made using materials easily available in the learner's environment.
	This model will be a part of the final presentation in the next class.
15 minutes	Preparation for the Farmer's Market
	Note: Distribute a sheet of paper to each learner.
	In the next class, you will be organising a farmer's market. In this market, people will come
	and check your products. Your products are the plants that you have grown and the tools that you have created.
	- As a farmer in this market, you have to sell your products to the people visiting your stall.
	- So, think about how you will sell your products. Write a script of 3-4 lines for each
	product that you will use to attract the customers to buy your products on the
	sheet given to you.
	Tip: Guide the learners who may struggle to come up with a script for selling their
	products by giving some prompts. For example, think how this product is useful, and what are its unique properties (like an irrigation tool that ensures efficient usage of water or how easy it is to use).
	- Decide the price of each product. It cannot exceed \$ 10 because each person
	coming to the farmer's market will be given 'Play' money worth \$ 10. You will be creating these currencies at home.
	- As you decide the price of the products, think of why you are proposing that price.
	What makes some things more expensive than others?
	- Create price tags and place them on your products.
	Note: Show learners the space where they will set up the farmer's market.
	- Think of ideas to decorate your stall so that it attracts customers.
	- When you go to the market, what are the features of a shop that attract you?
	- Decide the materials you would need to decorate your stall.
10 minutes	Transplanting the Seedlings
	Those of you who had planted the seeds directly into the pots will water their plants and
	observe the growth of the seedlings.
	- Those of you who had planted the seeds in a trough will carefully remove the
	seedlings from the trough and re-plant them in a pot. Be careful while removing the
	seedling. Do not harm the roots. Use your gloves while transplanting.
	- This method of removing the plant from one location and re-planting it at another
	place is known as transplantation .



	-	Why do you think transplantation is do Transplantation helps in improving pla transplant only the healthy ones onto damaged plants and allows the growth Transplantation is also done to accoming very cold season, plants can be moved be transplanted once the weather becauteme heat, plants can be transplant sunburn.	nt health. Fa the field. Thi n of healthy p modate seaso I to a greenho omes warme	rmers grow seed s helps remove dolants. onal changes. Fo ouse or a warme er. Similarly, in pl	dlings and diseased or rexample, in a er area. They can aces with
At-home activities	-	Make sure your irrigation tools are real Prepare price tags for each product you done in class). Create or arrange for the materials to market to the next class. Prepare posters/promotional material Your poster must include the date and You may draw pictures, include the na attract your invitees. Prepare fake currency notes to be use	u plan to sell be brought for s to invite yo time when t me of your st	in the farmer's or your stall in the ur family to the he farmer's martall, and a catchy	ne farmer's farmer's market. ket would open. v slogan to
			u III tile llext	ciass. Eacii buye	i will get \$ 10.
Optional		anding Profit		2-1	
Numeracy	1	successful farmer, what do you think y	ou need to d	o? Take a minute	e to think and
Activities	- Profit is make or product between	 write down your thoughts in your notebook. Besides taking care of your plants and ensuring they grow properly, farmers also need to sell their products at a price that gives them profit. What is profit? How can you earn a profit by selling something? Profit is the extra money you make when you sell something for more than it costs you to make or buy. To make a profit, you must know how much it costs you to make or buy the product. On that, add a certain amount and sell it at the increased price. The difference between the cost price and the selling price is your profit. To calculate the cost price, draw the following table in your notebook and fill it up: 			
		Material Bought	Quantity	Cost of One Unit	Total Money Paid
		Seeds			
		Tools used			
		Pots/Troughs			
		Materials to support the growth of seedlings (like manure, and fertilisers)			
		Total Cost Price			



Note: Guide the learners to fill the table by letting them know the cost of one unit of each of the things mentioned above so that they can calculate the total price based on your inputs. Remind the groups that have transplanted the seedlings to include the price of the trough as well as the pot.

Now, think of the profit you want to earn by selling the plant. Add that amount to your cost price. This will be your selling price. However, be careful not to quote a very high price because then who will buy your product?
Do the same exercise for your irrigation tool. Think of the cost of materials you used to make the model. Add your profit to the cost price to decide the selling price.
Stop and Jot: Based on this exercise, what is the formula for calculating profit? (Profit = Selling Price – Cost Price)

Day 5 -Today, you will set up your stalls and sell your products in the farmer's market.

Time	Activity and Description			
10 minutes	Preparation Time			
	You have 10 minutes to prepare your stalls. Your stall should have the following:			
	- Your crops with price tags,			
	- A model of an irrigation tool with a price tag, and			
	- Elements to attract the customers to your stall.			
	Make sure you water the plants before putting them up for sale.			
20 minutes	Farmer's Market			
	Note:			
	- Invite parents/guardians and community members of the learners to visit the			
	farmer's market. Instruct the learners to use the promotional material they created			
	to invite them.			
	- Collect the currency notes from the learners and hand over \$ 10 to those who enter			
	the market so that they can use the fake currency to buy products from the market.			
	- Encourage learners to take feedback from the audience on the parts that are done			
	well and the parts that can be improved.			
10 minutes	Reflection Time			
	This is your time to think about what we have done in the past few days. Use the following			
	questions as a guide for your answers:			
	 What are two new things you learned about growing plants? 			
	 What did you find the most interesting part of the project? 			
	 What was most challenging/difficult for you? Why? 			
	 Do you think you were successful as a farmer? Did you earn a profit by selling your products? 			
	 How do you think you can improve the experience of your customers in the farmer's market? 			



- Did you face any difficulties in transactions using money? How can you address those challenges?

Tips: Depending on the level of your learners, you can choose to get them to reflect on the first three questions or all the questions.

The purpose of this activity is to encourage learners to think about how they learn. Sharing answers in English is not necessary. If your learners are comfortable with the local language, encourage them to use it while thinking about their answers to these questions.

Additional enrichment activities:

Water Conservation Campaign: Research the different irrigation methods used for growing plants around the world. Find out which methods help conserve water. Design a water conservation campaign for your community promoting methods of watering plants that help conserve water. You can design posters, infographics, or educational videos to communicate the message of water conservation in your community.

Modifications for simplification

If your learners are unable to write, encourage them to draw pictures to show their ideas, and communicate verbally.

ASSESSMENT CRITERIA

A majority of my learners were able to:
\square Practise direct sowing or transplantation to plant sprouted seeds.
\square Design and create a model of an irrigation tool that can be used to water potted plants or a small
garden and is made using materials available easily in the learner's surroundings.
\square List the steps involved in cultivating their own crop.
\square Set up their stall in the farmer's market with a potted plant and an irrigation tool to sell.
\square Create a sales pitch and use it to sell their products.
☐ Calculate profit or loss based on the sale of products in the farmer's market.